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Plus More Great Contests Inside ...

THE HIGHLANDS COMMUNICATOR

Volume 1, Issue 7 Wednesday June 26, 2002

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THE ORIGINAL 'GOOD NEWS ONLY' FREE FUN PUBLICATION!

Rachel & dad Steve Churko check out the rare rooster on exhibit at the recent Home Show held in Haliburton.

Wilcox Tickets!!

There's only a couple days left as of this publication date to get your David Wilcox tickets to see this popular performer live in Wilberforce at the arena on June 29.

Tickets are available in advance at the Wilberforce ESSO, or in Haliburton at Gigabytes and DVD's. Tickets are $22 in advance and $27 at the door. This is a licensed event with a wristband policy in effect.

inside this ISSUE

Wide Mouth Mason
Coming To Wilberforce?
New Restaurant!
New Golf Course!
Win A Trip To Scotland!
Classic Hot Rods!
Mini Boat Race!

Happy Canada Day!

for listing of some local Canada Day events see page 24 & 25

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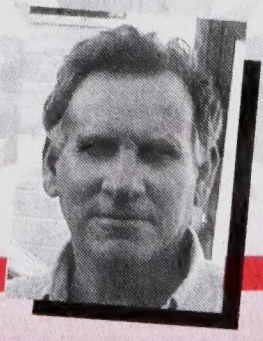


Ryan's Visit One To Remember

by Brett Irvine

An 11-year-old boy who has helped raise over $600,000 to help build wells in Africa was recently in Haliburton to tell his story.

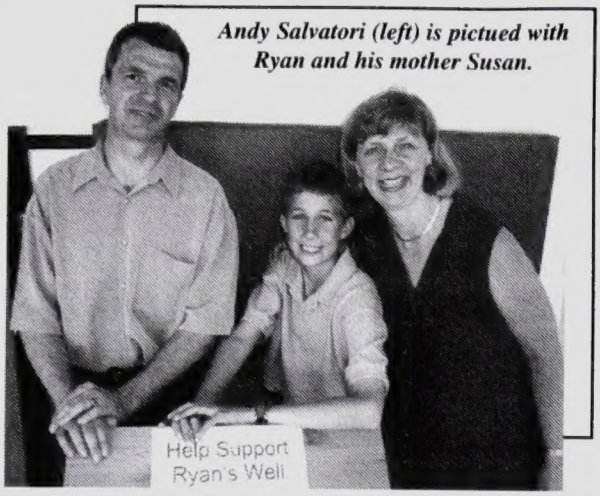
He spoke to over 100 people who attended the Haliburton Arts Pavilion and also to students at J. Douglas Hodgson and the Stuart Baker Public School.

Ryan gives a drink to a youngster. Water is something we tend to take for granted. But Ryan knows better.

His name is Ryan Hreljac and he's from Kemptville, Ontario. When he was in grade 1, his teacher told him how many people in Africa die because they don't have clean drinking water. This made Ryan very sad and he wanted to help. That was over four years ago and with much help Ryan has raised over half a million dollars and built over 80 wells.

Andy Salvatori of the Haliburton Rotary Club read an article about Ryan in the Toronto Star in October of last year. He decided to invite Ryan to the Highlands and help his cause.

Through many fund raising efforts of the Haliburton Rotary Club and students of the local schools, Ryan was presented



Andy Salvatori (left) is pictued with Ryan and his mother Susan.

with over $6,000 during his visit to be used towards his fund raising foundation that is called "Ryan's Well Foundation".

Ryan doesn't take water for granted. "If we're not careful, I hear we can one day run out of water here in Canada," says Ryan. He told his audiences that people should learn to conserve water by turning off the tap when they are brushing their teeth and things like that.

"The world is like one big puzzle and you just have to find where your piece of the puzzle fits."

Ryan's goal is to eventually have clean drinking water for everyone in Africa. "I'm going to keep going to infinity," he said.

Another message he passed on was "the world can be changed. The world is like one big puzzle and you just have to find where your piece of the puzzle fits." He adds, "anyone can make a difference if they really want to and try."

His mother Susan says if he can even get a few people to hear his message he's done his job. To date Ryan's message has reached more than just a few people. He's been featured on Oprah, he's met Prime Minister John Cretien, and he's even been to Africa to see his wells and drink the water from them. He has been traveling all over to spread his message and he is making a difference.

If you missed Ryan, be sure to check out his website at www.ryanswell.ca.

Ryan Touched The Hearts of Many

Ryan touched the hearts of many while here. An example of the impact his visit made is best described by Susan's story of

Ryan cont'd... pg 10

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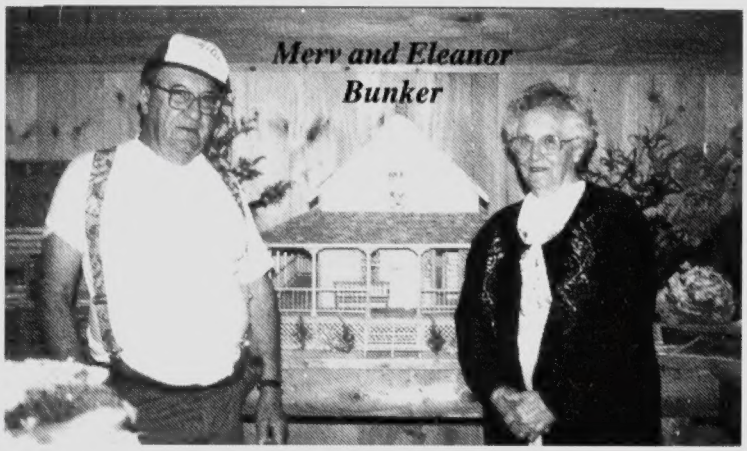
EYE ON BUSINESS

Take a Trip Into the Past or Feel like a Giant At Bunker's Hill

by Diana Burns - Staff Writer

Pack up your magnifying glass and head out to Bunker's Hill for a taste of history and all things small. You'll feel like a giant at the Miniature Village that is housed in its own museum building on the Bunker's property. The Village includes fifteen buildings completely reproduced by hand to miniature scale, and five sets of hand carved horses pulling equipment or wagons. Peek through the windows of an old church, schoolhouse, log cabin or fire station. Or observe the movement of a working miniature sawmill or waterwheel on the grist mill. All the miniature structures, including some local historical sites, are exact duplicates of the original full size buildings. Each display features a descriptive plaque outlining its name and history and in some cases an original photograph.

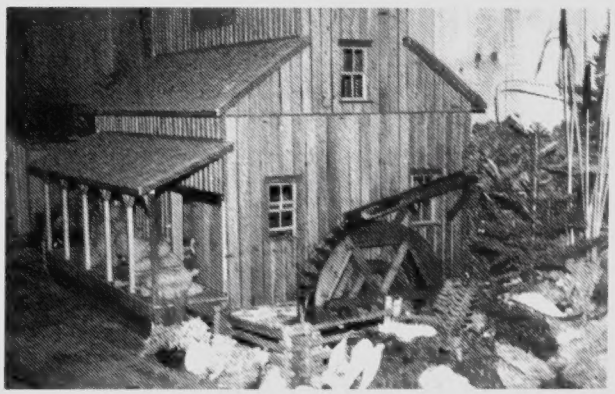


Merv and Eleanor Bunker

When you are finished taking in the miniature village, take a short stroll up the hill behind the museum to the Pioneer Village. Take a step back in time and examine all the old tools you'll see in the Blacksmiths building. Spend a moment in the old log cabin and picture how life must have been then. As you view both these villages, keep in mind that all you see was hand built by Merv and Eleanor Bunker and that every detail was accurately reproduced.

Merv and Eleanor, married for fifty-four years and with four grown children, have established a real gem for the residents and tourists of the Haliburton region. They are the curators and creators of these two well-designed villages and are definitely talented artists and builders. Merv commonly refers to himself as an uneducated good old boy but he is far from that. He is a cabinetmaker by trade who built everything on the property, including his own home. Over the years he has acquired the skills of an engineer, mechanic, home builder and historian. He is a self-taught wood carver as well and has produced the hand carved horses in the miniature village as well as the tiny clothes pegs on the clothes line. Eleanor's designing, gardening, sculpting and seamstress skills are used in the replication of all the miniature landscapes, dishes, quilts, linens, flour sacks, pictures and any other household items needed to complete a display. She uses only living or dried natural materials for her landscapes that she acquires from the surrounding bush. While you are there, see if you can find her miniature racoons.

miniature cont'd ... pg. 12 ...



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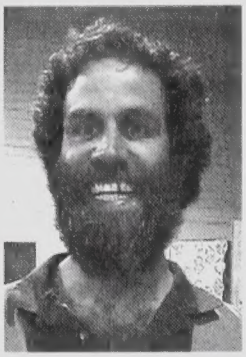
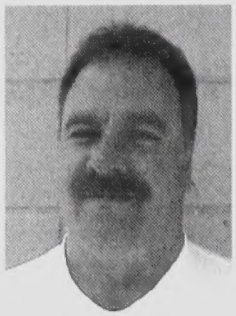
We Asked You!

"What's the BIGGEST fish you ever caught?"



Dan Loukras - Haliburton
"A 5 pound bass. I caught it in Haliburton Lake."



Rod Thurston - Haliburton
"A 2 ½ pound bass from Haliburton Lake."

Wayne DeJong - Haliburton
"I've never caught a big fish – just rock bass and sunfish. I'm not good at catching them but I love to eat them."

A Heart Felt Thank You To All!

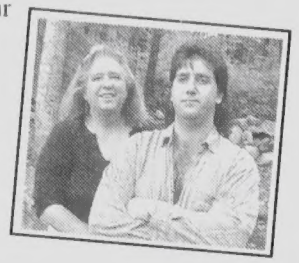
Brett and I (Joanne), would like to take a bit of newspaper space here to thank all our readers, advertisers and everyone who enters our contests, submits jokes, pictures, stories and much more. We want all of you to know how much we appreciate you.

Since starting our little paper we have been flooded with calls, emails, and comments from so many saying they enjoy the Communicator and we thank all of you for your kind comments. We will strive to continue to produce a publication that is light, good news only, fun, and informative, and we look forward to covering so many more clubs, events, organizations, businesses and people in Haliburton County.

We're having a blast producing these publications and welcome all your submissions, calls, emails and comments!

Thanks also to everyone who stopped by our booth at the recent Home Show in Haliburton - your comments of encouragment were greatly appreciated. We had a great time meeting so many of our readers in person.

Again, we thank all ... Brett and I are truely overwhelmed by your response and appreciate your comments, words of encouragement & support!



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THE HALIBURTON HIGHLAND GAMES

SATURDAY JULY 13, 2002

Head Lake Park • Haliburton

It's definatly an event not to miss and if you haven't seen it before, make sure you do this year! ... it's Haliburton's 'Highland Games' and it takes place Saturday July 13 at Head Lake Park in Haliburton.

The day's events include massed bands presentations, Highland dancing competitions, border collie herding demonstrations, country dancing, arm wrestling, heavy events competition, live musical entertainment and new for 2002 - live Falconry Demonstrations!

The fun doesn't stop there. Saturday evening features a beef BBQ and live entertainment by the Celtic Band 'Failte".

The festivities actually begin Friday evening with "Ceilidh" at the Royal
Canadian Legion in Haliburton. All other events take place on the Saturday.

The cost of admission is $5 for adults. Children 12 and under are free. There is a free shuttle bus service from the Haliburton High School to the events.

You are advised to bring your own lawn chairs.

The following is a calendar of the Highland Games Activities for easy reference:

Friday, July 12th.
Festivities with a "Ceilidh" at the Legion – 7:30 p.m.

Saturday, July 13th
10 a.m. - Parade through town
11:00 – Opening ceremonies
Noon – Massed Pipe Bands
2:00 & 4:00 – Highland Dancing Competition
Border Collie Herding Demonstrations
Falconry Demonstrations
Caber Tossing, Seaf Toss & Hammer Throw
Beer Tent Arm Wrestling
Children's Program sponsored by Camp Wanakita
And much more ...!

Saturday Evening: 5 – 9 p.m.
Beef BBQ with "Failte" – Live Celtic Band.

Win A Trip To Scotland

How would you like a trip for two to Scotland? Well, one lucky person will be awarded this fantastic prize being offered by the Haliburton Highland Games committee and all you have to do to qualify is buy a draw ticket.

The tickets are only $10 each but you must purchase your tickets before the draw date scheduled for July 13 at 5p.m.

June White helped sell some tickets at the recent home show.

First prize is 2 return air tickets to Scotland plus $1,000 cash (or you can accept a cash award of $1,800). Second prize is a package courtesy of Delta Pinestone Resort and third prize is a package courtesy of Hydro One.

Tickets are available through any Highland Games Committee Member and many times they are stationed at the Haliburton Garden Market IGA, especially during weekends, selling tickets.

Be sure to get yours soon and who knows, you may be whisking off to beautiful Scotland!

HOT TIPS

by Cindy Ablett

Got a question for Cindy? Send it to the Communicator.

Freshen and Deodorize Carpets
Sprinkle baking soda on carpets and rugs to eliminate day to day odors. Wait 15 minutes, longer for tough odors, then vacuum up. Try this on upholstery as well.

Kill Weeds with Vinegar
Spray full strength vinegar on growth of weeds until weeds are dead. This also works on grass in paths and paved areas. Pour vinegar on affected areas until grass is dead.

Clean Pine Sap
To get pine sap off your hands, rub mayonnaise on them, then wash off.

A Cure for Steamed Up Mirrors
Spray a little shaving cream onto a cloth and rub into the glass. Wipe dry and no more steam.

Remove Smelly Sneaker Odors
Put a few teaspoons of baking soda in the center of a cotton cloth. Tie the cloth with elastic bands, creating a baking soda sachet. Put in shoes overnight. These can be used over and over.

For a Great Time Come To 'County Good Times'

It's the premier summer event in the eastern Haliburton town of Wilberforce and it's a weekend full of fun events including a midway, entertainment and so much more – it's the return of Country Good Times now in it's 28th year.

Wilberforce invites everyone to come and help them celebrate this year's theme, "Venture into the Great Outdoors".

The weekend is kicked off on Friday July 19 at 4 p.m. with the opening of the midway (the construction of which will have been eagerly monitored by area children all week).

The flea market and craft sale get started in the curling club and outdoors at 6 p.m. as well as the opening of the Fireman's Hamburg Stand (oh those delicious barbecued hamburgers that are a must have – eagerly awaited by many adults I might add!)

Friday evening also offers the return of an old favourite – Bingo from 7 – 9 p.m. with a $300 jackpot available to win. This takes place at the Lloyd Watson Centre. Visitors can also travel back in time to the 50's & 60's era of Rock and Roll at the arena across the street at the annual dance featuring the live band "The Lincolnnaires".

Festivities continue all day Saturday. The flea market and craft sale will once again be open in the curling club and outdoors, with an expanded section in the Lloyd Watson Centre (opening at 9 a.m.). The Lloyd Watson Centre will also host a train display.

50's - 60's Dance
Midway
Kid's Events
Parade
Talent Contest
Country Video
Dance Party
Magic Show
Train Display
and MORE!

Morning visitors can enjoy watching the clowns prepare for the parade in the Lloyd Watson Centre. The midway, food and concession booths open at eleven.

You'll need to claim a spot early if you want a good view of the perennially popular Good Times Parade, which winds its way through the middle of town beginning at 1 p.m.

The arena will open at 2 p.m. with "Classic Country" providing entertainment as well as playing for the annual amateur talent contest for junior and senior competitors. A Country Music Video Dance Party at the arena will cap off Saturday evening. This dance is restricted to ages 19 & over.

Sunday morning celebrations begin with an interdenominational church service at 8 a.m. in the Lloyd Watson Centre followed by a pancake breakfast served at 9 a.m. out of the fire hall next door. At 11:30 there will be a magic show presented by "The Magically Hip". A variety of kid's activities will follow this show. Minnow Races, crafts and snacks will all be available along with the train display.

The amateur contest finals will take place in the arena on Sunday afternoon.

Creating Retirement and Lifestyle Communities in Haliburton County

Friday, July 12, 2002
Stanhope Community Hall
9:30 a.m. - 2:30 p.m.

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This initiative is being co-ordinated by
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in partnership with the Municpality of
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Workshop facilitated by Enhanced Community Solutions Inc., www.smarthabitats.com, which has many years of development, design, and management experience in publicly & privately funded housing initiatives.

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'WIDE MOUTH MASON' Coming To Wilberforce?

Negotiations Underway with Wide Mouth Mason's Management.

'Wide Mouth Mason' may be performing live in Wilberforce - that is if all goes as planned.

At press time confirmation was not made as negotiations with the band's manager were still underway, but organizer Paul Shcherbak did say he was attempting to have the band come to Wilberforce for August 3rd.

If all goes as planned, tickets will go on sale shortly and like the David Wilcox tickets, will be available at the Wilberforce ESSO and at Gigabytes and DVD's in Haliburton.

If you would like tickets to see Wide Mouth Mason live in Wilberforce at the Monmouth Arena, call these two businesses around the first week of July for details of sales & confirmation of plans.

Wide Mouth Mason is an extraordinary band to see live and are sure to be a crowd pleaser if they come to Wilberforce. This energetic band covers many genres of music making them appealing to different types of people. This Saskatoon band is well known for radio hits such as 'Smile', 'My Old Self', "Mary Mary", 'Sugarcane', 'Change' and many more hits.

This talented trio will definitely have you dancing and singing right along with their funk, soul, pop, blues and rock sounds.

This event will be licensed with tons of available seating for those who like to sit back and take in the show. There is also tons of room to get up and dance. A wristband policy will be in effect (those of age receive bands as proof of age for liquor purchases).

Keep an eye out for posters and other promotions that will appear in the area if plans are confirmed in the next week or so.

Don't forget to get your tickets for the up-coming David Wilcox concert. This is also a licenced event with a wristband policy in effect. Tickets are going fast so best get yours ahead of time.

David Wilcox Ticket Winners:

The winners of last month's David Wilcox ticket draw are: Elsie Luke of Haliburton, L. Dawn Elliott of Minden, Ashley Siebarth of Wilberforce, Dorene Nicholls of Gooderham, Tammy Vaughan of Wilberforce, Ed Whiteway of Haliburton, Kendra Loucks of Eagle Lake, Joyce Cairns of Gooderham, Paul Dawson of Haliburton, and Jill Hamilton of Minden.

See David Wilcox Live in Wilberforce
June 29, 2002
Tickets $22 in advance - $27 at the door!

Silly Snapshots

We want your silly photos...

Hey all you camera buffs out there... if you have a great shot of a stupid sign, or funny pic of any kind (maybe someone making a funny face or whatever... get it to us and we'll run it in The Communicator.

Submitted by Dan Linkert of Wilberforce

Here's a comical one. Send yours in soon..We need more! Pictures will be returned - include address & name with photo - or email them to us! Address on page 4.

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NEW COLUMN!!

HALIBURTON'S CLASSIC "HOT RODS"

Ross and Betty Mark of Minden are the proud owners of this 1963 Oldsmobile 98 Convertible and members of the Haliburton Time Travelers club. They acquired the car in 1990 and the only thing on the car at that time that was in good condition was the paint. This vehicle was a survivor of only forty-two hundred manufactured cars of this model. It took Ross one year to rebuild the motor, repair the chrome and have the interior upholstery replaced. In its present restored state the car is now worth an appraised value of $25,000. It took first place in its category at last years fall automotive swap meet in Barrie and several other awards at the Oldsmobile Nationals.

Time Travelers Fund Raiser
Cruise Night
July 20, 2002

Don't miss this opportunity to see a great collection of classic automobiles and at the same time support your local Hospital. The evenings activities kick off at 6:00 p.m. and run until dark at the I.G.A. Plaza on Highway 35 in Minden. There will be door prizes, a 50/50 draw, 50's and 60's music, and hot dogs and hamburgers. Exhibited vehicles must be 1977 and older and entry fee is $5.00 per vehicle. Spectators are welcome. All profits from the event go to the Hospital Fund. Remember, if you can't catch this event you can still view beautifully restored vehicles at the clubs cruise nights held each Thursday evening alternately at the Kawartha Dairy in Minden and the docks in Haliburton. For further information call 705-286-4754 or 705-286-6167.

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Get Your Mini Boat and Get Ready to Race!

Be sure to get your ticket for this year's Mini-Boat Race held July 17 by the Haliburton & District Lions Club.

This year there are 25 great prizes up for grabs for those whose boats cross the finish line in the top 25.

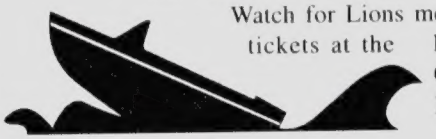
How do you play? ... It's easy! Just purchase a ticket from any Lions Club Member – that ticket has a number on it. That number represents a number on one of the many mini boats. The mini boats will be released on July 17 at 7 p.m. from the bridge at Emmerson Lumber – they float down the river to the finish line at Rainbow Bridge. The first 25 to cross the finish line are scooped up – the numbers verified and recorded and the winners receive a prize.

Get Your Tickets For Your Chance At Some GREAT PRIZES!

Some of the prizes this year include dinners for two at various restaurants in the county, accomodation and golf, and gift certificates to use at various retail outlets in the area.

Those who have donated prizes include: Delta Pinestone Resort, Haliburton IGA, Down Home Bed & Breakfast, Highland Glass & Window, Sir Sam's Ski Area, Mill Pond Restaurant, Dynamite Cuts, Wigamog Lodge, Silver Eagle Resort, Ox Narrows, South Algonquin Cookhouse, V&S Department Store, Varty Jewellery, Churko Furniture, Emmerson Lumber, Haliburton Lumber, Haliburton Home.Hardware, Linda Hammond, Village Donuts, Head of the Lake B&B, Agnew's General Store, Schwandt Lumber, Wilberforce IGA, Martin Wood Resort and Carnarvon Lumber.

Tickets are $5.00 each. Proceeds are given to the CNIB. Lake Joseph camp for the blind, the Leader Dog program and Glaucoma research.



Watch for Lions members selling tickets at the Haliburton Garden Market IGA.

Drive On Over To This Year's Much Awaited Lawn & Bake Sale .. .It's A Biggie!

It's the big one everyone has been waiting for – that is anyone who has ever attended the annual Zion United Church Lawn and Bake Sale.

July 13th marks this year's event that is becoming so popular people have been know to show up well before the event begins – and await the start.

The Zion United Church is located at Hwy 118 and Hwy 35 near the Mill Pond Restaurant in Carnarvon.

The Lawn and Bake Sale starts at 9:30 a.m. – noon.

Help Send A Local Kid To Camp

Just imagine the thrill of going to summer camp for a week. Hundreds of kids from the cities venture to Haliburton County each summer to attend the terrific camps offered in our county. However, a vast majority of children who live in Haliburton County often do not have the good fortune to attend those same camps in our own backyard.

Family Services of Haliburton County is once again sponsoring the Haliburton County Summer Camp Fund and they would like to count on your support. Since 1987 the Summer Camp Fund has sponsored 486 camper placements (representing 355 different children) from Haliburton County. The goal this year is to sponsor another 25 youth. To do this, the Summer Camp Fund needs to raise $7,000 (average cost is $350 per week per camper). In 2001, $5,000 was raised.

The Summer Camp Fund sponsors children 6 – 14 years of age who otherwise would not be able to attend a camp program. Priority is given to children who have not previously been sponsored and or who have special needs (physical, medical, developmental, social or emotional).

The Haliburton County Summer Camp Fund receives no other funds except donations from concerned individuals. The Camp Fund needs your help to reach their goal. Please consider sponsoring a child for a week, a day, or whatever you can afford. If you would like to make a donation you can mail a cheque to: Haliburton County Summer Camp Fund, c/o Family Services of Haliburton County, P.O. Box 1306, Haliburton, Ont. K0M 1S0.

For more information you may contact Marilou at Family Services at 457-5345, ext. 308.

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• Amateur Talent Contest
in Wilberforce

Ryan's Goal For Clean Water is Clear!

... from pg. 2

what happened to them while they were eating in Pizza Den in Haliburton. She says a young boy spotted Ryan while he was eating and walked up to him, handed him $10 and said, "here... this is for your wells." Then he left. "That was really special," says Susan.

Ryan says he enjoyed his visit to Haliburton. "There are so many lakes up here," he exclaimed, adding, "It is a great place."

Ryan spoke to a captivated audience at the local schools. While the picture above is slightly fuzzy, Ryan's goal is very clear.

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THAT'S LIFE ...

by the Bashful Comic

Busted ...

Submitted by Fred & Shirley Williams of Wilberforce

A man calls home to his wife and says "Honey I have been asked to go fishing at a big lake up in Canada with my boss and several of his friends. We'll be gone for a week. This is a good opportunity for me to get that promotion I've been wanting so would you please pack me enough clothes for a week and set out my rod and tackle box. We're leaving from the office, and I will swing by the house to pick up my things. Oh! And please pack my new blue silk pajamas."

The wife thinks this sounds a little fishy, but being a good wife she does exactly what her husband asked. The following weekend he comes home a little tired but otherwise looking good. The wife welcomes him home and asks if he caught many fish.

He says, "Yes! Lots of Walleye, some Bluegill, and a few Pike. But why didn't you pack my new blue silk pajamas like I asked you to do?"

The wife replies, "I did, they were in your tackle box."

Chretien visits Public School

Submitted by Dan Linkert of Wilberforce

Prime Minister Chretien was visiting an elementary school while a fifth grade class was in the middle of a discussion related to words and their meanings.

The teacher asked Mr. Chretien if he would like to lead the class in the discussion of the word tragedy. Chretien asked the class for an example of a tragedy.

One little boy stood up and offered, "If my best friend, who lives next door, was playing in the street and a car came and ran over him, that would be a tragedy."

"No" said Chretien, "that would be an accident."

A little girl raised her hand. "If a school bus carrying 50 children drove off a cliff, killing everyone involved, that would be a tragedy."

"I'm afraid not," explained Chretien. "That's what we would call a great loss."

The room went silent. No other children volunteered.

Mr. Chretien searched the room. "Isn't there someone here who can give me an example of a tragedy?"

Finally, in the back of the room, a solemn little girl raised her hand and in a quiet voice said, "If you and everybody else in your government, Mr. Chretien, were eaten by a pack of 20 foot alligators, that would certainly be a tragedy."

"Fantastic!" exclaimed the P.M. "That's right. Can you tell me why that would be a tragedy?"

"Well," said the girl, "It must be a tragedy, because it wouldn't be an accident, and it certainly wouldn't be a great loss."

Bizarre News

From Around The World

This column features real news stories from around the globe that are a little ... well... bizarre but true.

Travis Bogumill, a construction worker in Eau Claire, Wisconsin, was shot with a nail gun that drove a 3 ¼ inch nail all the way into his skull, and the only difference he can see is that he's not quite the math whiz he used to be.

A co-worker accidentally bumped his head with the gun, and the nail went in so deep that the only thing visible was a small hole in Bogumill's scalp.

He remained conscious, turned to his co-worker and said, "You just nailed me in the head," Bogumill recalled. He said, "it felt like somebody was smacking my head repeatedly with a hammer."

Doctors told Bogumill that he shouldn't have been able to walk or talk after the accident, and that they're baffled why he wasn't knocked unconscious. The nail lodged in an area of the brain typically involved in processing math according to Dr. John Lamoureux.

"You could give me 2 two digit numbers and I could multiply them within seconds in my head. But now you give me a piece of paper and multiplying 56 by 23 is still difficult, "Bogumill said.

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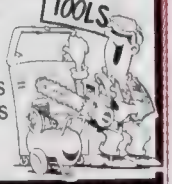

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castle building centres

Detail Important At Miniature and Pioneer Village

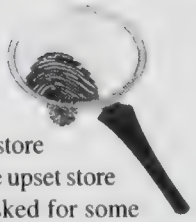
... from page 3

They never use manufactured kits in their displays. Every item is made from on hand or found materials. An example of this would be their miniature wall lights where the reflective metal pieces are produced from pop cans and the glass chimney from glass cocktail straws. Merv works mostly from photographs to create each item but he and Eleanor will visit a site and take measurements and a description so they can get a more accurate account and a feeling for the place before they start the process. Merv is meticulously accurate in reproducing any of his items. The carved horses have real horse hair tails and manes, his farm houses have sash windows that open and close and you will even find a miniature copy of a text book that would have existed at the time, in the old school house. He admits it took him longer to build one of his miniature buildings than it did for the museum building that houses his entire collection.

Prior to the establishment of the miniature and pioneer villages in 1989, Merv and Eleanor owned and operated Bunker's Hill Antiques for ten years. I'm sure this is where they acquired their love for period furniture and its history that has aided them in what they do now. Eleanor has also created a line of cards with photographs of the pioneer village and to tempt your taste buds, try some of their maple syrup, produced and sold right at the site.

Bunker's Hill is located just off highway 35, north of Minden on Twelve Mile Lake Road West. Admission to both the miniature village and pioneer village is only $5.00 per adult and $2.50 per child. For further information see their ad in this issue or call 286-1417.

Who Dun-it



Detective Minden walked into the grocery store in Haliburton to buy something to drink. The upset store owner walked over to the Detective and asked for some assistance with a little problem he had. He showed Detective Minden where a row of mustard jars laid smashed and strewn all over the floor in one of the aisles. There were four young boys standing around the mess.

"These kids were messing around over here and one or more of them knocked over the jars, but nobody will admit doing it," explained the store owner. "It's not really a big deal, but I think the boys should take some responsibility for it," he added.

Case of the Spilled Mustard

Detective Minden silently looked at each of the boys. They were all local and he knew all of their names.

"Ronnie, who knocked over the mustard," he asked.

"Henry and Fred did," replied Ronnie.

Henry and Fred looked angrily at Ronnie. "I didn't do it," snapped Fred.

Minden looked at the forth lad. "What do you say Tony?"

Tony nervously replied, "only one person knocked over the mustard."

"What about you Henry," inquired Minden.

"Tony and Fred are telling you the truth," replied Henry.

The detective and the store owner stepped aside alone. "That's all they'll say," said the store owner. "I know all the boys well. Tony's a real honest kid, I know he wouldn't lie, but he's too loyal to his friends to tell on them. Henry's a kid who will lie like crazy just to get out of trouble though. As for the other two I'm not too sure."

"Don't worry my friend," said the Detective. "I know exactly who is responsible."

Who knocked over the mustard? ***answer ... pg 46...***

Children's Art Workshop At Club 35

Watercolours and environmental sculptures are the two mediums that will be taught at an upcoming Children's Art Workshop at Club 35.

The workshop features instruction by artist Christine Carr and takes place on Wednesday, July 17, from10 a.m. to 2 p.m. The workshop is for ages 5 to 15. The cost to participate is $20 per child.

Watercolours will be covered in the morning session, and environmental sculpture in the afternoon. All materials are supplied. Children are to bring their own lunches.

You must register in advance, as places are limited. To register call 766-9968 or 489-2379

Club 35 is a small recreation centre located on Hwy 35 at Halls Lake.

? Why are builders afraid to have a 13th floor but book publishers aren't afraid to have a Chapter 11?

Country Pickins

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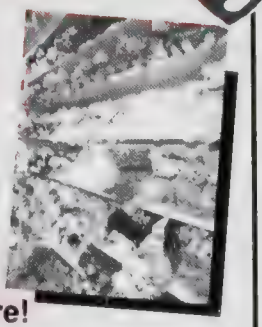

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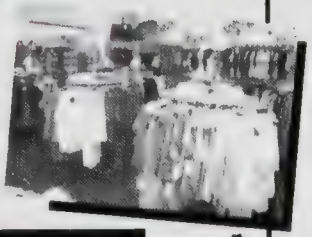

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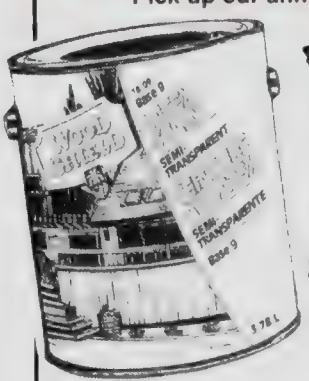

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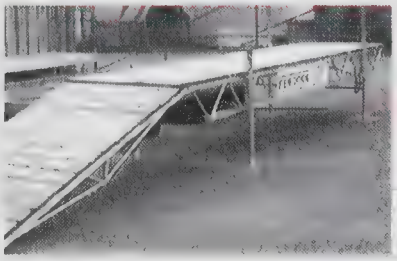

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It's The Law!

Italy
A man may be arrested for wearing a skirt.
Striking someone with a fist is considered a felony.

Germany
Every office must have a view of the sky, however small.
It is illegal to wear a mask.
A pillow can be considered a "passive" weapon.

England
Placing a postage stamp that bears the Queen (or King) upside down is considered treason.

Any boy under the age of 10 may not see a naked mannequin

Liverpool
It is illegal for a woman to be topless in public except as a clerk in a tropical fish store.

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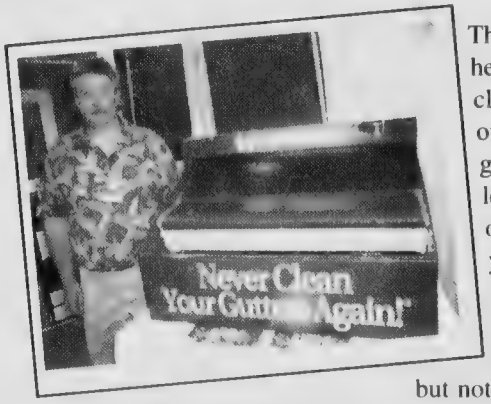
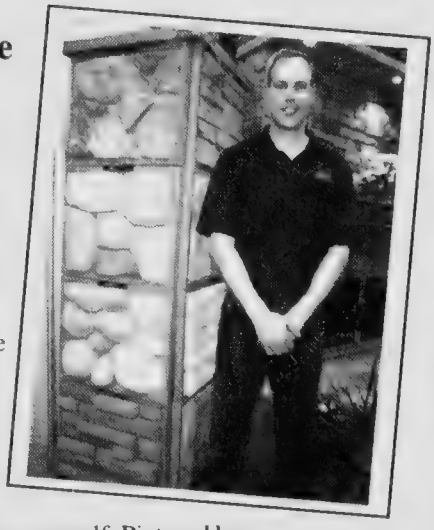


This neat product helps prevent clogged and overflowing gutters that can lead to damage on and around your home. This system allows water to flow into your eaves but not leaves and other items. For more info or to see how this works, you can call Petrini Construction at 457-2754

Cultured Stone Products



This product is definately grabbing attention and righfully so. Cultured Stone products look and feel so much like natural stone you can't tell the difference. They install for a fraction of the cost of real stone. To learn more abut them,visit Haliburton Tim-Br Mart and see for yourself. Pictured here with samples is Greg Scheffee.

? If an orange is orange, why isn't a lime called a green or a lemon called a yellow?

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The Camouflaged and Mystical Art of Johannus Boots

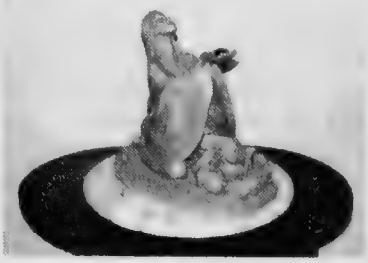
By Diana Burns - Staff Writer

You see more than the respect for native culture and the earth in this artist's work when you view his paintings. Hidden amongst the wilderness backgrounds, the clouds or foreground are mystical images of faces and figures' both man and animal. His current work titled "Leap of Faith" will include a total of forty-two horses.

Johannus Boots, a self-taught artist, feels his talent was genetically inherited. His brother is an artist and his father a carver and cabinetmaker. When most young boys were participating in a game of baseball, Johannus and his brother would spend their time with their sketch books. He is inspired by music, books, family and the works of the great masters and the fantasy images of artist Michael Whelan. His original acrylics and limited edition prints are sold nationally in galleries and through his web site at www.johannusboots.com.

This summer he will be awarded the visual art's award on the "Pathway of Fame" in Peterborough. He competed with fifty other artists for this award.

Johannus and his family moved to Haliburton three years ago where he teaches private art classes and displays his paintings 'Artistik Images' in his gallery. His studio and gallery are open by chance or appointment is located on Boughner Road, off Harburn Road just outside the Village of Haliburton. You can reach Johannus Boots at 457-5001.



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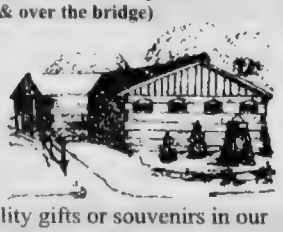

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Meet The Artists

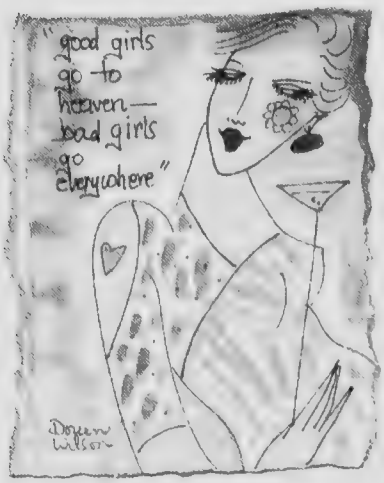
by Diana Burns

Five Hundred Card Designs and Counting

Doreen Wilson, poet, teacher and artist designs and creates her own line of original greeting cards. Each card is one-of-a-kind hand drawn and painted. Her cards are not just passed along as traditional greetings - they are often framed by the recipient. Each one is a miniature work of art.

Doreen has a wacky sense of humour that her greeting cards reveal.

She prefers, of all ways and items to draw – the human body. "Although I am interested in landscape, still-life, the Xerox machine and the many new worlds that science offers to artists for exploration, I find myself ever returning to the human figure. Man loves images of his world and his fellow creatures," says Doreen.



She has been drawing her entire life, and now as a mother of four grown children and grandmother of seven grandchildren,

Pictured above is an example of one of Doreen's original cards. They are definately a must see and each are a work of art that makes a great gift in itself.

See Doreen's Work at the Agnes Jamieson Gallery July 18 to August 4

Doreen never runs short of models or situations to use as subject material.

Her first exhibition in 1968 was held at the Douglas Gallery. Her newest works, 'Gold Leaf Angel Images,' were influenced by the Tiffany Church windows in East Aurora near Buffalo, New York.

This new collection along with her whimsical figures in line and colour will be exhibited at the Agnes Jamieson Gallery July 18 to August 4, entitled Fabrications & Dreams.

She has a permanent studio in her Burlington Ontario home but spends a lot of the summer entertaining her grandchildren at their cottage on Gull Lake just outside of Minden. Doreen has generously donated her work to charity fund raisers over the years and believes "To be creative is to be a friend of God."

more of Doreen's style is demonstrated at right..

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Here's A Show Not To Miss!

It's the big one! The return of the annual Highlands Artisan Festival and Antique Show is just around the corner and you won't want to miss it.

Now in it's 12th year, this show held at the Minden Community Centre offers spectators a huge assortment of exhibitors featuring tin wear, soap stone sculptures, dolls, stained glass, clothing, woodworking, candles, hand made canoes, garden ornaments, jewellery, paintings, sewing, pottery and so much more. There will also be antique dealers – an addition to the show three years ago to give the show a different dimension.

12th Annual Highlands Artisan Festival & Antique Show

"This is quite a big show. It's a key event for the Highlands," says organizer Dianne Graham of the Agnes Jamieson Gallery in Minden.

The show is juried meaning exhibitors must meet a certain quality standard in order to be accepted into the show.

This year there will be over 60 exhibitors, some returning from last year's show, and some new exhibitors. Over 3,000 spectators attended the show last year. This event is a key fundraiser for the Agnew Jamieson Gallery. There is no admission charge, but donations are greatly appreciated. All items on exhibit are for sale and in addition, many of the artisans will be demonstrating their talents. "It's a wonderful show," says Dianne. "There is bound to be something for everyone."

In addition to the inside displays; there will be some outdoor exhibitors as well. There will also be refreshments and homemade goodies served in the tearoom by the Minden Women's Institute. Volunteers to help man the doors, and sign in vendors, etc. are required. Anyone interested may call 286-3763.

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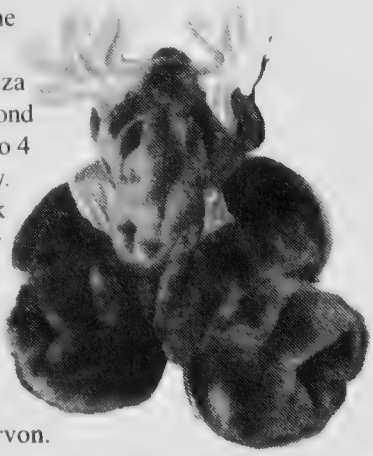
They Are Cuddly, Cute and Now a Fashion Accessory

by Diana Burns - Staff Writer

Most Haliburton residents are probably familiar with the Senitt Dolls and Puppets, especially their popular Wrinkles© product line and their participation in the Haliburton Studio Tour, but did you know that their plush animal carryall bags have become a popular accessory in women's fashion. These bags are perfectly suited for use as knitting and diaper bags, especially the wooly white lamb bag with its long legs. The legs are a good fit for knitting needles and babies' bottles. Senitt Dolls and Puppets were created by designer and artist Cathy Senitt in Fergus, Ontario in 1978. She produced the bags and puppets for her children and the business grew from there.

The company moved here nineteen years ago and today there are four additional worker owners, Hanneli Siirala, Kari Siirala, Bailey Renshaw and Maarit Smith. Their product line is sold wholesale in the U.S. and at craft shows as well as through their web site www.senittpuppets.com.

They have been featured in Macleans Magazine, the Star and Sun newspapers, and they were on the first Canadian Program on the QVC Shopping Channel.



Their Annual Extravaganza Sale Event is being held the second weekend in July from 10 am to 4 pm both Saturday and Sunday. It's a great opportunity to pick up a bargain and enter their draw for one of their large puppets.

The Senitt Dolls and Puppets studio is located on Highway 118, 1 kilometer east of Highway 35, near Carnarvon. They are open by chance or appointment, but appointments are appreciated. You can call the studio at 489-3307.

Take The Historic Tour!

Heritage walks start up in Minden as of July 5 and are offered until July 23.

The walks start from the Minden Museum are are guided tours of some of Minden's Heritage. They begin at 10:30 a.m. every Friday morning. The Heritage Walks give participants a chance to learn some of our colourful history while strolling the streets with a customed guide such as Naomi Stephenson (pictured here). The cost is a mere $2 per adult and is truely enjoyable & educational.

Museum Quilt & Rug Show

Be sure to head over to the Minden County Town Museum the weekend of July 26 – 28 for the annual Quilt, Rug & Fibre Show.

The show features displays throughout the heritage buildings of the Museum as well as demonstrations, vendors and the popular tea room where you can enjoy some lovely refreshments.

Dumb Criminals

Fort Lauderdale, Florida
In November 1995, police in Fort Lauderdale, Florida, were left shaking their heads after they picked up two teenage boys in a stolen car. Mere minutes earlier, the same lads had appeared in court accused of 25 vehicle thefts. When arrested for the 26th, they said they didn't have the bus fair to get home from court.

Smart Thinking
December 1995, when Scott Plumley was told by authorities in Pensacola, Florida that they couldn't shut down the neighborhood drug dealers because they lacked evidence. Plumley went down the street, bought a four-dollar bag of marijuana, and called sheriff's deputies to collect the evidence. Instead, they arrested him and left him facing a year's jail. "It is illegal to buy drugs for whatever reason," said a police spokesman.

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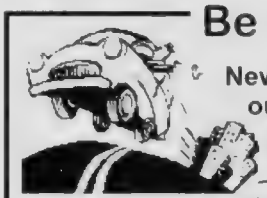

New Promotional Pamphlets outline six exciting shopping experiences!

Join us in the fun on these unique "funky shopping' experiences throughout the County ... come for the day, for the weekend or a whole week! Plenty to see and do and entertaining for the whole family or a "girls day out!" - our businesses have TONS to offer in way of shopping, eating and the sightseeing in Haliburton is second to none!

We all look forward to seeing you on "The Funky Shopper's Destination Tours" - don't forget - let the businesses know you are on "The Funky Shoppers Tour" - prizes can be won just for picking up your booklet and tying on your 'Funky Shopper' ribbons ... and the laughs don't stop there ... mail in your ballot to win two gift certificates at a paid advertiser in the booklets. For more information give us a call at:

286-1905

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Believe It or Not ... A Legend In The Making?

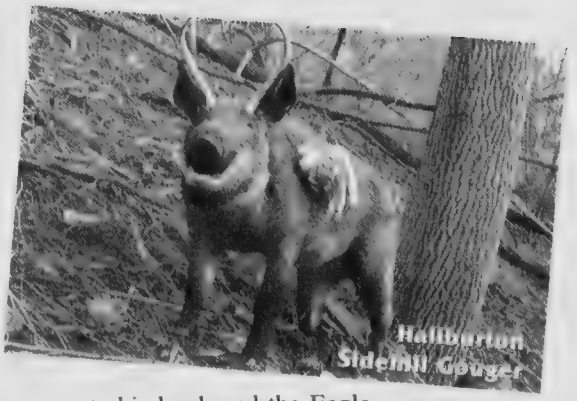
By Diana Burns – Staff Writer

One hundred years ago in the hills of Haliburton, four hunters on an expedition were deep in the bush. Suddenly they are paralyzed with fear when they hear a high-pitched squeal coming from the shadows. They begin to lift their weapons but not quickly enough. One of the hunters is attacked from behind and goes down. All eyes turn and lock on the horrific creature. No one can believe what they see. Is this the Sidehill Gouger? This legendary beast is rumored to wander the Haliburton Hills.

Legend has it that this beast is recognized by its distinguishing features. It's right legs are three inches shorter than its left legs and therefore can only run in circles, confining it to the Haliburton Hills.

According to Victor Packard, this is only a portion of the legend of the Sidehill Gouger. To hear the complete story, I'm afraid you will have to wait a bit. Victor will be releasing the full story in his book late this fall. He is the writer/interpreter of the legend passed down to him.

He has created and designed a post card picturing the Sidehill Gouger to promote his book and the Eagle Lake Adventures Bait Shop. A full size model of the Gouger, created by Taxidermist artist Terry Cowan can be seen at the bait shop. (Too scary for very young children.)



The New Postcard

Victor's sister Sharon Griffin along with her husband Terry and daughter Brittany are the owners of the bait shop. (all are pictured at left) Their shop supplies more than just bait, they also rent boats and ice huts, supply fishing and hunting licenses' and guide service.

To contact Victor Packard or the Eagle Lake Adventures Bait shop call 754-2318.

July 26,27,28, 2002

Our 38th Annual Celebration of Creativity !

Proceeds to the Rails End Gallery Building project.

the Haliburton ART & CRAFT Show

Head Lake Park
in Haliburton Village

85 EXHIBITS
A superb assemblage of outstanding talent!
Friday, July 26, noon to 8 p.m.
Saturday, July 27, 10 a.m. To 6 p.m.
Sunday, July 28, 10 a.m. To 3 p.m.

Welcome to the BEEF BBQ dinner and entertainment!
6 p.m. Saturday , July 27

Tickets:
Advance purchase $10 pp
at the Rails End Gallery

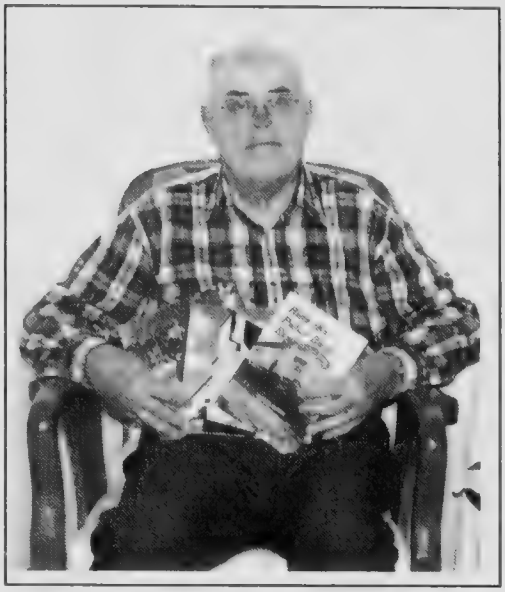
Free Admission

Book Reveals "The Essentials" of Haliburton Highlands

by Diana Burns - Staff Writer

Did You Know The Highlands Has A Ghost Town?

Well if you didn't know this fact and several others about the Haliburton Highlands, you will want to pick up Michael Barnes' new book, 'The *Essential* Haliburton, Discover Highland Ontario' being released mid July. The introduction of the book describes an air flight over the region complete with photographs. The chapters that follow outline the history of the region, the rail lines, local artists, the popular studio tour, camps, bed and breakfast accommodations, resorts, the Sir Sandford Fleming School and more. There's even a guided tour set out for you and a chapter on the regions' one and only ghost town. Michael has listed the communities alphabetically to make things easy to find. There are one hundred and six illustrations (three which are maps) and one hundred and four photographs.



Michael has been a resident of Haliburton since 1999 and wrote the book to provide all the 'Essential' information for new people coming to the area, to avoid them wasting their time doing all the research themselves.

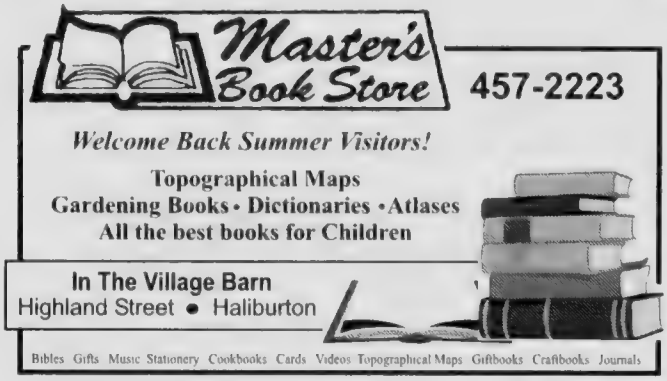
Before becoming a professional author in 1965 Michael held various principal and teaching positions. He's been a Globe & Mail correspondent, a columnist, a broadcaster for CBC, a speech writer, and a script researcher and television writer. He has forty plus books to his credit. Some titles on the list include; Ride The Polar Bear Express, Policing Ontario-The OPP Today, Killer In the Bush-The Great Fires of Northeastern Ontario, and Gold in Ontario. He writes on the North and Northern Ontario in particular. He is especially interested in the characteristics of the people, their resource industries, government service and social history.

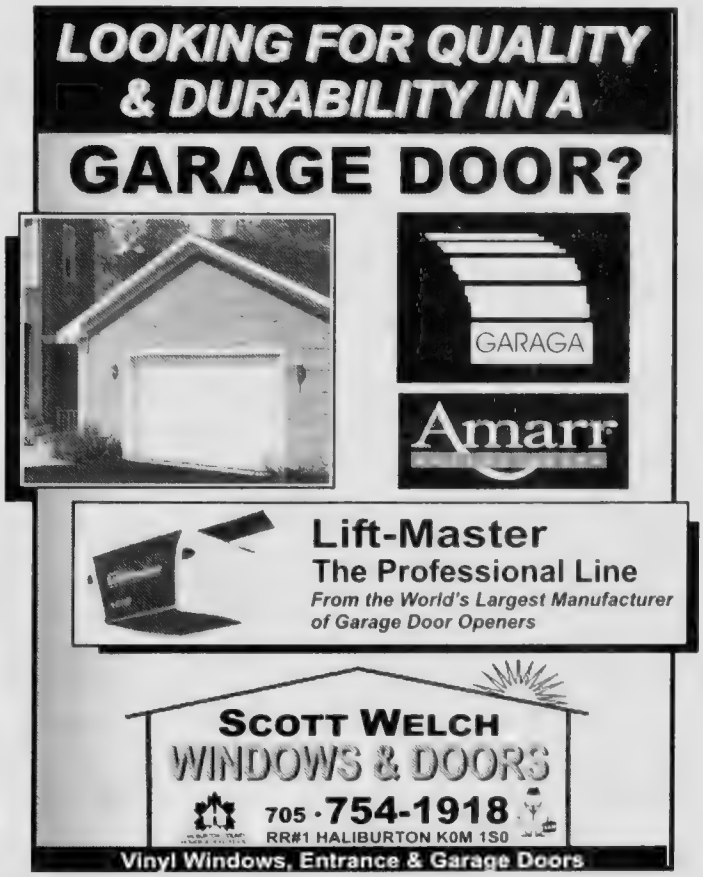
John Robert Columbo, the Canadian Anthologist, quoted, "Michael is the most published and has written more about Northern Ontario than anyone dead or alive." His other area of interest is in policing, particularly the Ontario Provincial Police. When children living in the Northern towns couldn't find any published material in their libraries on the Ontario Provincial Police, he wrote several books on the subject. One of the many honours that Michael has received over the years was presented in 1995 when he became a member of The Order Of Canada.

When he's not writing, Michael occupies his time at public speaking engagements or serving various organizations and media as a consultant/researcher.

"The Essential Haliburton, Discover Highland Ontario" book is published by General Store Publishing House in Burnstown near Renfrew and will retail at $14.95. It will be available at the Chamber of Commerce office, local Resorts, local bookstores and Chapters.

To obtain more information about other books by Michael Barnes, check out his web site at: www.writersunion.ca.barnes





Much Awaited Boshkung Book Release Happening This Month!

Pictured are the Boshkung book committee members; (front) Linda Cherry and Ron Costen, (Back) Donni McLean, Emily Woods and Pat Lowery.

It's been nearly four years in the making and the much awaited release of "Boshkung" ... the book is finally happening July 13 at the 59th Annual General Meeting of the Boshkung Lake Property Owner's Association.

The idea of publishing a book was conceived in 1998 by the association president Pat Lowery. When the idea was shared with a few others, a "book committee" was established and the project undertaken with dreams of grandeur and a launch date plan to celebrate the millennium.

However, what started off as a 'collection of memories' from some of the original cottagers who came to the shores of Boshung Lake, rapidly became a labour of love for the five committee members and a project of immense proportion that would take nearly four years to complete.

Unanticipated delays occurred including the rejection of their application to the Trillium Foundation for financial assistance, even though they met all the criteria. However, the committee members never lost their enthusiasm or determination to bring this project to fruition.

At the up-coming general meeting, a complimentary copy of the book will be presented to members in good standing and distinguished guests.

In addition to the book itself, a collection of memorabilia, which include some rare artifacts, the original minute book of the association and cassettes with the voices of these elderly members whose stories and histories were obtained through taped interviews by members of the committee, have been presented to the Stanhope Museum for historical safekeeping and exhibit.

Book will be available for a cost of $35 after July 13th. Call 489-3042 to order.

? Why are blue jeans referred to as a "pair" of jeans where there is only one?

SUMMER AT THE LIBRARY

Summer's here and it's time to consider what you are going to be reading while the good weather is here!

Every day, new titles are available at your local branch of the Haliburton County Public Library and there are many ways to keep up on what is new and exciting.

To start, if you have a computer, you can be added to the library's electronic mailing list and have notification sent to your home computer. You can also access the library website at www.libris.ca/hali/ and keep abreast of new changes.

While visiting the website remember you can place reserves or Inter Library loan requests at any time of the day or night as well. Just follow the simple instructions.

Lastly, you can visit the branch in person and explore on your own or you can watch the newspapers for notices of new titles.

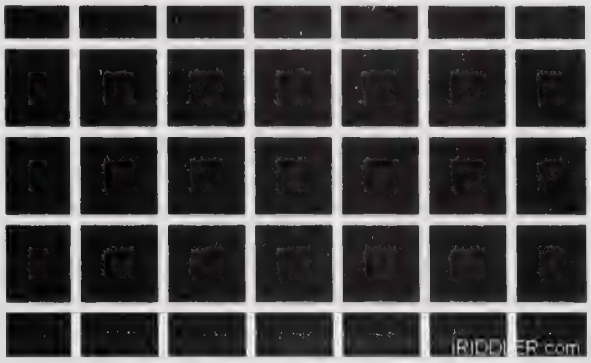
No matter how you choose to do it, library personal are always looking for new ways to make your library more useful to you.

Hey Kids ... Check Out Story Time in Stanhope!

If you like a good story then be sure to head to the Stanhope Library for Story Time every Thursday morning at 10 a.m.

The library is located on North Shore Road. For further information call 489-2402.

Brain Teaser Of The Month!



Look at this for a bit. Do you see a bunch of little black dots?

Sleepy, Happy, Sneezy, Grumpy, Dopey, Doc. Who's missing?

What day of the week would tomorrow be if yesterday was five days before the day after Sunday's tomorrow?

A number that is the same when read forward and backward is called a palindromic number. The year 2002 is an example of a palindromic number. When was the last palindromic year?

answers: see pg. 46

Got an event? call us at (705) 448-1847

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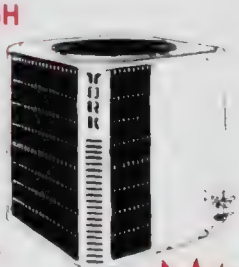

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Canada Day

If you are looking for some exciting Canada Day fun then be sure to head to Minden as the day offers a variety of activities for the whole family.

7:00 a.m.

The fun begins early 7 a.m. on July 1 with the Rock Bass Family Fishing Derby. There is a maximum of 4 per group in this event. The weigh-in is located at the Main Street Bridge at 11 a.m. There are great prizes up for grabs so be sure to head out early and register for this event.

The rest of the day is filled with activities as follows:

10:30 – 12 a.m.

Crazy River Raft Race registration
Registration – Horseshow Tournament behind Dominion Hotel
Back Forty Music Man – Gord Bartley, D.J. next to the stage in front of Minden Autocare (Karaoke at end of festivities)
Highlands Time Travellers CLASSIC CARS – along south side of Gull River
Rotary Club will begin handing out FREE Balloons.

11:00 a.m. – 3:00 p.m.

Lion's Club and Rotary Club B.B.Q.'s begin
Leo's Children's Games begin
Bicycle Parade at 12 noon
Minnow Races – behind the Post Office sponsored by Dave Skinner and the Minden Legion Branch 636
Airbounce Games - $2 per ride or 3 rides for $5
Free Popcorn courtesy of the Minden Community Volunteer Policing Association
Agnes Jamieson Gallery will be featuring the Andre Lapine Display
Free wagon rides, provided by Clayton Cameron and Ingram Wessell
Displays along the Gull River by Roy Truchan featuring: Mike Muli ice sculpturing; Kevin Louckau – stone carver; Christine Carr – painting & more; The Minden Museum, the Haliburton County Fair display and Home Support
Prizes for the Youngest Person, Oldest Person, Best Canada Day Costume, visitor from the furthest away and the longest name etc.. will be presented.

12:45 p.m.

The Crazy Raft Race starts at Rotary Park, finish line at the bridge in town
OPP Watercraft will be on the river
Colour Guard Minden Legion Branch 636 accompanied by bagpiper, Fraser MacDonald

1:00 p.m.

Opening ceremonies and singing of O'Canada lead by Justice Lowe and accompanied by Paul Lowe on guitar.
Canada Day Cake provided by Mae Mewcombe and complimentary water by Mill Valley Natural Spring Water

1:15 p.m.

Music on the Grandstand by Highlands Brass Quintet

Activities

2:00 p.m.
Lioness' Rubber Duck Race at Gull River

2:15 p.m.
Gentleman of Song perform

3:00 p.m.
Canada Day Draw at the grandstand (tickets available at merchants and at Rotary Clut booth on Canada Day)

Festivities end until evening...

Firworks At Dusk!

7:45 p.m.
Music at the Fairgrounds provided by Minor Detail. Sit on the hillside and enjoy. Glow necklaces available for sale $3 each or 2 for $5

Dusk:
Fireworks at the ball diamond. Sponsored by the Minden Fire Department and Canada Day Committee. The Committee is asking for a $5 per vehicle donation upon entrance to the fairgrounds to help cover costs.

More Happening At Haliburton Legion

For some Canada Day Family Fun why not stop in at the Haliburton Legion and bring your family and friends of all ages. The Legion will be serving food, and offering games and entertainment during their Canada Day open house. You do not have to be a member to attend the open house so come out and enjoy this first Canada Day ever celebration in Haliburton Village.

West Guilford Canada Day Events

If you head to West Guilford on Canada Day your in for a day long celebration.

The fun takes place at the Community Centre, the ball diamond and at Pine Lake Beach.

It all starts at noon with opening ceremonies. Horseshoes games, seimming, water games footraces, nail driving contest, cross-cut saw compeitions, a pie contact are all part of the on-going activities. There will also be a beef bbq dinner at 5 p.m. At dusk the sky will be lit up by the fireworks display at the ball diamond.

Happy Canada Day from all of us at The Communicator!

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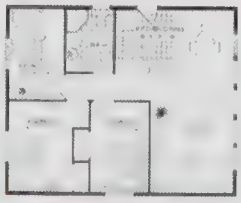
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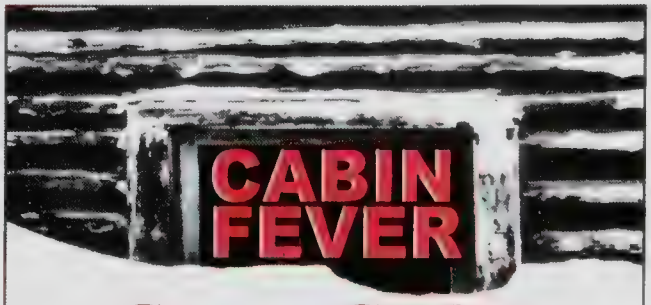

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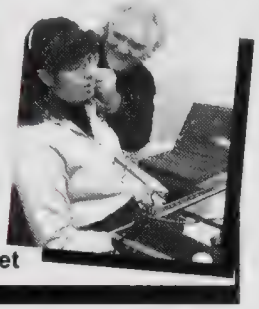

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Meditation – The How To and Whys ...

Submitted by The Trinity Centre located at The Hair Lounge, Carnarvon – 489-3311

The word meditation conjures up images of spiritual gurus, lotus positions, chanting "OM" and burning incense.

Modern meditation has stripped much of the religious dogma from mainstream meditation practices so that individuals can experience meditation without attachment to a specific religious belief.

The purpose of meditation is to slow down our thoughts so that clarity can emerge, making it possible for us to become fully present in each moment. It can give rise to the deep sense of calm that comes from really knowing something for yourself. Inner quietness is then experienced in order to have peace of mind; we need to discover what is preventing us from accessing our inner peace. Besides all the noise in our conscious minds, we also have a lot of confusion and noise in the unconscious mind.

To quiet your mind, pick an object you can direct your attention towards (any number of things, symbols, sounds, colours, breath, uplifting thoughts) to place your attention on then focus exclusively without diversion. Easier said than done! The problem is your mind has been your master your entire life and won't relinquish its' position. To trick you back into obedient slavery, your mind diverts your attention. Whatever arises in the mind of body, the intention is to remain focused on the object of meditation. Thoughts will arise in the mind and sensations in the body, but rather than getting caught up with these distractions, the idea is merely to observe them and return to the object of meditation.

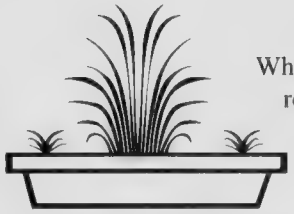
General Guidelines:

1 – Approach meditation with relaxed effort.
2 – Put expectations aside and avoid trying to force something to happen, over-analyzing the meditation, trying to make your mind blank or chase thoughts away, putting too much emphasis on trying to do it right.
3 – Find a quiet comfortable place to meditate.
4 – Eliminate as much noise and potential distractions as possible.
5 – Sit comfortably with your spine reasonably straight allowing the energy to flow freely up your spine.
6 – Place your hands in any position that is comfortable.

The following is a simple "Breath Meditation" – a good place to start if you desire to incorporate meditation into your daily life:

1 – Sit comfortably, with your eyes closed, your spine reasonably straight.
2 – Focus your attention on the breath, and allow it to come from your lower abdomen. Notice the rise and fall of the abdomen as the breath comes in and goes out. Focus your mind on the sensation of the breath, on the movement of the abdomen.
3 – Allow your thoughts, ideas, and memories to drift in and out of the mind without following or judging them.
4 – When you notice your attention has gotten engaged in thoughts, emotions, or sensations, bring it back to your breathing and continue.
5 – End the meditation whenever you like.

meditation cont'd... pg. 27...



IN THE GARDEN

by Cheryl Ellis

When planting out pot- bound or root -bound transplants, gently spread out the roots in all directions. That helps them become re-established more quickly. Be sure to water thoroughly .

Keep a drum of manure tea brewing for supplemental feeding of transplants or any green thing that needs a quick infusion. Fill a garbage can about one-eighth full of fresh horse or cow manure, then fill the can with water. Stir occasionally and wait a week or two. This is powerful stuff , so dilute it until it's the color of weak tea before using. Add water to the can after every use. When the water is the color of weak tea, start again after adding the spent manure to your compost pile.

If your flower gardening friends offer pieces of perennials they're dividing, investigate the plants growing habits before you plunk it in the ground. It may be a spreader that will take over your garden and become a nuisance.

Beat The Weeds. The secret to weed control is to get them while they're little. Begin cultivation as soon as weeds appear. It's light work to knock them down then. Later, when they're firmly rooted and threatening to take over the garden, eliminating them is hard work.

Outdoor Aquafit Classes Begin July 8

TRY iT

Adult Aquafit classes are back and are being offered twice a week in beautiful Lake of Bays at the parkette in Dorset.

Warm-up, strength, balance, cardio, stretching and cool down with these wonderful water exercises being offered over six weeks every Monday and Wednesday from 10 to 11 a.m. The classes begin July 8 to August 14.

The first 6 to register get the 1st class free and 5 classes at $6 per class. All other are $8 per class.

For information or to register call the Dorset Recreation Centre at 766-9968

These classes are being offered as part of the Haliburton County's Diabetes Prevention / Heart Health project – Try it!

The Hair Lounge

New

Mark & Claudette would like to introduce two new team members: Amy Burkus (left) and Tanya Petry (right). Tanya is offering her acrylic and sculptured nail service.

For An Appointment call:

489-3311

Oxy-Morons

Oxy-Morons are a combination of two or more words that contradict each other. Hey, I love these things so if you have more, send them along to me.

Childproof
"Now, then ..."
Synthetic natural gas
Passive aggression
Pair of Jeans
Taped live
Clearly misunderstood
Peace force
Extinct Life
Temporary tax increase
Computer jock
Plastic glasses
Terribly pleased

Here's one sent to us by reader Andrew Holeton ...

"Responsible Government"

Meditation is Not Difficult

... from pg. 26

Meditation is not difficult nor does it take tremendous discipline. Meditation can be easily learned and quite enjoyable. There are various forms of meditation. One can meditate alone or in a group. Mediation can be silent or guided. It can have a desired goal or outcome, or not. Staring peacefully at the fire or gazing into the sunset is called an open-eyed meditation and brings just as much serenity. Other uses for meditation include physical/medical treating, reducing stress, emotional cleansing and balancing, deepening concentrations and insight, manifesting change, developing intuition, unlocking creativity, exploring higher realities, and finding inner guidance.

Traditionally meditation was/is used for spiritual growth and is becoming more conscious, increasing awareness of the Devine in our live, finding our True Self. More recently meditation has become a valuable tool for finding inner peace in a chaotic world.

Weekly group meditation nights are held at the Centre.

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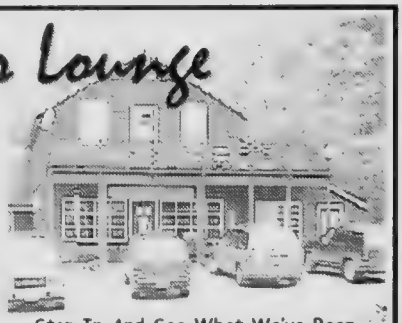

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Old Country House
Haliburton

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To obtain an Eat Smart! Dining Guide, contact your local health unit.

Health for Life
Taking Action for Healthy Living

HKPR Haliburton, Kawartha, Pine Ridge District Health Unit

HEART AND STROKE FOUNDATION OF ONTARIO

CANADIAN CANCER SOCIETY | SOCIÉTÉ CANADIENNE DU CANCER

Everyone Welcome To Attend Ground Water Study Open House on July 29

The public is invited to a groundwater study open house taking place at the Haliburton IGA on July 29 from 10 a.m. – 1 p.m.

Groundwater resources and their sensitivity are currently being examined across the Trent River watershed, a 15,000 square kilometer area stretching from Algonquin Park to Lake Ontario. The public is encouraged to learn more about this project at the upcoming information session.

The project will identify groundwater sources, the vulnerability of aquifers and potential threats to groundwater resources, and the demands and use of this precious resource. It will also identify wellhead protection areas for 64 municipal wells.

The Trent Conservation Coalition received $1,185, 750 from the Province to carry out the groundwater study, covering 85 percent of the project cost. An additional $216,470 has been committed by the 28 municipalities located within the study area.

The groundwater study is part of a $10 million commitment by the province to help municipalities across Ontario gain more knowledge about their water resources to better protect them for future generations. This is the largest single investment in groundwater source protection in the province's history.

For more information you can contact Gary King, C.A.O. at 286-1333 or Ian Macnab, TCC spokesperson – Kawartha Conservation at 328-2271 or Thomas Grace, Project Manager Grace & Associates at 324-5408 (all area code 705).

The study is being carried out through the Trent Conservation Coalition (TCC), a partnership of five Conservation Authorities within the Trent River basin (Kawartha Region, Otonabee, Crowe Valley, Ganaraska Region and Lower Trent Conservation Authorities), and Haliburton County.

Join in the 19th Annual Walk For Water

On July 20, 2002, the nineteenth annual *'Walk for Water'* will take place in Haliburton. This event is organized by H.A.V.E. - Help A Village Effort. H.A.V.E. was started in 1982 to provide fresh water to villages in third-world countries. Over the past twenty years they have installed 300 wells. This event is usually held in June but this year was changed to coincide with Youth Day in Toronto. There will be approximately two hundred visiting Pilgrims joining in the walk with the local participants.

This five kilometre walk around Head Lake starts at 10:00 a.m., at the Bandshell. Every dollar raised is matched by the Canadian International Development Agency. Registration is at 9:00 a.m.. Ron Reid, one of the volunteer organizers can be reached at 489-2431 for further information.

Treat Yourself At Rainbow Therapies!

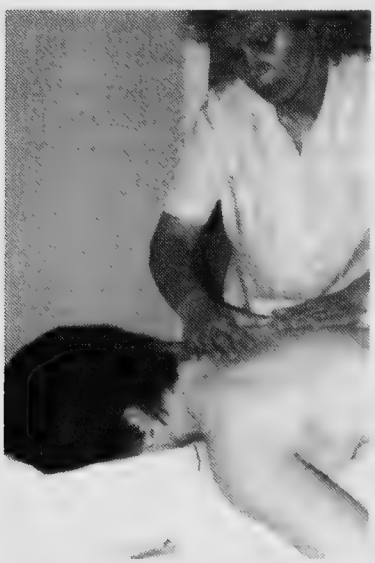
by Diana Burns - Staff Writer

If you've ever enjoyed a relaxing body or aromatherapy massage, then you have been using one of the holistic healing techniques. Have you visited a Reflexologist and had your feet or hands massaged? This is also a holistic healing practice. These and several other healing techniques are part of the holistic practice of Rainbow Therapies.

Val Craftchick of Rainbow Therapies has been in business for nine years. You might say her career path was destined for her. While working as a nurse she was diagnosed with Fibromyalgia and Irritable Bowel Syndrom. She was so seriously ill that traditional medicine wasn't working. She researched and sought out other methods of healing which would help her. Holistic medicine completely turned her health and life around. She is now a certified Reflexologist, Massage Therapist, Reiki Master, Aromatherapist and Herbalist.

What Is Holistic Medicine?

Holistic medicine has been used by millions of people around the world to heal chronic diseases, treat psychological disorders and childhood illnesses, normalize weight, prevent disease and improve overall health. It can also increase energy levels and transform your outlook on life. It emphasizes the need to look at the whole person, including analysis of physical, nutrition, environmental, emotional, social, spiritual and lifestyle values.



Rainbow Therapies offers massage therapy, reflexology treatment, body wraps and Reiki treatments. They offer three types of relaxing massage. The first method uses a blend of Swedish deep tissue and acupressure techniques to promote muscle and mind relaxation. The second method incorporates aromatherapy. This soft tissue and lymphatic drainage massage relieves stress and promotes well being while using pure essential oils. Although Val's services are very discreet, first time clients may feel more comfortable starting with just the head and shoulders massage.

There are many benefits of reflexology. The concentrated foot massage relieves tension, improves circulation, promotes harmony and rebalances the body. After all, all the reflex points of your body parts and internal organs are located in the feet. Walking long distances or standing for long periods of time can cause those aches and pains and this is a great way to relieve them.

Our skin requires special care and treatment as well and Rainbow Therapies offers facials and body wraps to bring that healthy glow back and regain the moisture and softness lost due to environmental effects.

Val is also a Reiki master and offers Reiki treatments. Reiki is an ancient natural healing art that involves the laying on of hands over the body to channel powerful universal life force energy, the essence of which is to increase the human body's ability to heal ailments. The client is fully clothed during treatment.

She considers the benefits of holistic medicine to be complimentary not alternative to traditional medicine. When she can, she works with the client's medical practitioner in designing a treatment program. She can provide a herbal or aromatherapy formula specifically designed for the clients needs. Only organic or all natural product lines are used.

Six out of ten clients who use the services of Rainbow Therapies are women but men are quickly realizing their skin care and health are just as important. In todays stressful work environment they need to look after themselves better than they have in the past.

Val works from the heart and says that is what she is supposed to do.

Rainbow Therapies operates from their Spa location at Sir Sam's Inn near Eagle Lake, Tuesdays, Thursdays and Saturdays from 9:30 am to 4:15 pm. And at Val's private home studio on Haliburton Lake, Monday and Friday 9:30 am to 4:15 pm. To book appointments you can call Val at Sir Sam's Inn 754-2188 or 754-9766. For further information on Rainbow Therapies check out their web sit at www.rainbowspa.com

Val Craftchick is pictured at left performing massage therapy and above, performing reflexolody on a relaxed client.

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Your Help Is Needed For Completion of Wheel Chair Ramp

After three years of fundraising, West Guilford is beginning to see what all their efforts are going towards as construction is well underway of the new Wheel Chair access ramp at the local community centre.

The cost of the new ramp is up in the neighbourhood of $95,000. To date roughly $75,000 has been raised – enough to see the beginning of construction, which started in April – but the fundraising continues.

All donations are greatly appreciated and for those who can afford $100 plus, your name will be placed on the Friendship Wall. This means your name, your business name, or the name of someone you are donating in name of will be placed on a plaque for all to see inside the community centre.

This fundraiser will help make wheel chair access to the centre possible and easy so don't hesitate to donate if you can.

Cheques can be sent to the West Guilford Community Centre, General Delivery, K0M 2S0. Any and all donations are very much appreciated.

Tidbits

Twenty thousand plants have been used for therapeutic purposes.

The space between your eyebrows is called the Glabella.

The average cough comes out the mouth at 60 mph.

The average person blinks 14,440 times per day.

Proportional to their weight, men are stronger than horses.

People who live or work work in cities, inhale enough toxins that it equals smoking a pack of cigarettes a day.

People who are left-handed are also left-footed having the tendency to put their left foot forward instead of their right.

Men sweat more than women. This is because women can tolerate a 1% higher body temperature of 1 degree Fahrenheit.

"Around A Child of Haliburton County"

A Treatment Foster Home

by Robyn M. Thomas
Communicator Special Writer

A "diminutive powerhouse" best describes Fay Martin, Executive Director of Family Services, Haliburton County.

Fay is pleased to share details about her new and very unique foster care program that had just received government approval. Fay was clearly delighted. "Around A Child of Haliburton County" - a Treatment Foster Home is her brainchild.

The program recognizes and places value, in a monetary sense on the skills, devotion, grit and love necessary to raise a happy, healthy foster child in a warm and caring family environment, within a small community. By ensuring selected families are paid a respectable salary that financially provides for the needs of children in foster care, the opportunity exists to utilize parenting skills that are so often undervalued. This in turn allows children to grow and belong in families that would love to take a child but, because of financial constraints, are unable to do so. A stipend of $65/day, every day, is payable for parenting. This is a tax-free income. Respite monies are offered for time out, essential for the well being of the families, including the children. The accepted children may have behavioral problems, but not medical difficulties. The requirement that the "kids' needs take priority" is a prerequisite.

12 more positions are to be created in Haliburton County.

Your Help Is Needed!

Presently, three families are in the program, with 12 positions to be created. Fay and her dedicated staff will offer substantial on-going support to the foster parents and children. Haliburton County is a great place to raise kids; a sense of belonging to the community is important for their success as it is for an adult's. Strong social networking is essential.

Kids in care are more transient. They miss out on ownership of community belonging, something so necessary for their well-being. Due to the intimate size of this community, the children will be observed and measured here more readily. The anonymity in cities tends to swallow them, whereas in a small community like ours, they count for something - they will be youngsters with names, faces, unique personalities and *families*.

The program targets children who are not in the adoption stream. They will be "pre-adolescents". Younger children are more easily assimilated into the community. Schooling will involve individualized, alternative programs, tailored to meet the needs of each child. This will be a "School Without Walls". Community resources and individuals will be optimized to give the children the best social and educational opportunities available. It is intended that the program will enhance the quality of life of each child, teaching them not only from textbooks, but fun, interesting and essential life skills, appropriate social interaction and development of self-esteem. Eventually, the children will attend local schools.

"Around a Child" is a culmination of Fay's skills, experience and knowledge gleaned from a career that has spanned many years, in a variety of different fields. She has a long history in Child Welfare and Community Development, and is passionate about her new program and attributes the success of getting it up and running to "an abundance of confidence", determination and the ability not to take "no" for an answer. The mandate is that the families offer stability for the long haul. This is a long-term commitment. Even after the kids leave home, they know the families will hang in and help them overcome challenges, but will also be there to share in their joys and celebrate their success.

Program will enhance the lives of children in foster care everywhere.

Fay's intention is to share the knowledge learned, thus proving her model will work better than current programs, for not only will it change world thinking, but also the challenges facing kids in care universally. The program is "state of the art" and Fay's vision is to create something that will teach communities to enhance the lives of children in foster care everywhere. An honourable and achievable goal, this is something that should fill Fay Martin with pride. Secure and loving placements for children and financial recognition for underutilized parenting skills, is an attainable dream.

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Recipes of the Month

Submitted by Chris Sadler
West Guilford

Summer Tea-Berry Punch

(Makes about 24 6-oz (3/4 cup/175mL) servings.)

1 - 1.89L bottle Ocean Spray Premium 100% Juice Cranberry, chilled
4 oz (1/2 cup/125mL) frozen orange juice concentrate, thawed
6 oz (3/4 cup/175mL) powdered sweetened ice tea mix with lemon
2 L club soda, chilled
Lemon and orange slices, garnish

Combine cranberry juice, orange juice and ice tea mix in a large punch bowl.
Stir to combine.
Stir in soda just before serving.
Garnish with lemon and orange slices.

Mexi-Grill Burgers

500 g (1 lb) lean ground beef
75 mL (1/3 cup) salsa
50 mL (1/4 cup) dry bread crumbs or small flake oatmeal
1 egg, beaten
5 mL (1 tsp) chili powder
2 mL (1/2 tsp) mustard powder
4 large flour tortillas or onion buns
Sliced onions
Shredded Cheddar or Monterey Jack cheese
Corn relish

In large bowl, lightly combine ground beef, salsa, bread crumbs, egg, chili powder, and mustard powder. Shape into 4 patties, each about 1.5 cm (1/2") thick.
Preheat barbecue. Cook patties on lightly oiled grill, over medium-high heat, 5-7 minutes per side, turning only once. When patties are almost done, remove from heat and insert an instant-read food thermometer sideways into centre of of the thickest burger. If the temperature registers at least 71 C (160 F), the burger is done, if not, continue cooking until a minimum temperature of 71 C (160 F) is reached.
Serve each burger in a flour tortilla; and top with onions, cheese and relish.
Makes 4 servings.

Feel free to send us your favourite recipe!

Dining and Entertainment

Bolger's Fine Dining is located in the luxurious Martinwood Resort near Harcourt. Pic. far left is Chef Wayne Bolger.

Bolger's Fine Dining - A New Restaurant That You Must Try!

His cooking has packed many a restaurant with nothing but satisfied customers leaving with a smile on their face and an assurance that they will return.

Now everyone can taste Chef Wayne Bolger's great meals once again at Bolger's Fine Dining, located in the new, exquisite Martinwood Resort in Harcourt.

The resort that houses Bolger's Fine Dining is actually located on Elephant Lake Road just prior to the South Algonquin Park entrance, just a few minutes drive from the town of Harcourt.

It's definatly worth the drive but you best come see for yourself. Dinner is served from 4 p.m. – 9 p.m. and features a fantastic menu full of delicious dishes such as Filet Mignon, Barbecued Ribs, Lamb Medallions, Oven Roast Chicken, Liver, Pepper Steak, New York Strip Loin and Steak Neptune which is a New York steak with crab meat topped with hollandaise sauce.

The menu also offers seafood such as Sole Almondine, Broiled Salmon Fillet, Orange Roughy, Arctic Char, and pasta dishes such as Chicken Tetrazinne, Fettuccine Alfredo and Penne Primavera. All fish dinners are broiled to perfection and served with Bolger's own special dill and white wine sauce served on the side.

Even before you start to enjoy these wonderful dishes, you must try one or more of their scrumptious appetizers such as snow crab caps, escargot, garlic shrimp with cheese, shrimp cocktail – or maybe a Caesar salad which by the way is homemade and absolutely delicious. If soup is a must then you must try Wayne's French Onion Soup baked with croutons and lots of cheese – YUM!

Bolger's is also offering weekly specials where two can dine for under $19.99. Monday evenings special is Fish and Chips, Tueday's is New York Steak night where you receive two steak dinners with sautéed mushrooms and onions for $19.99 – that's two for $19.99 not each! Wednesday is Meat Loaf night, Thursday is Roast Chicken, Friday is Surf & Turf featuring New York steak with a whole lobster and Saturday you won't want to miss Prime Rib night with Yorkshire (how do you make them so light and fluffy Wayne?) Those Yorkshire are served with a very generous portion of tender Prime Rib – this is a popular evening. Lastly, but not least, Sunday's feature Rolled Stuffed Ribs!

If you plan to pop by to check out the new 9-hole golf course at Martinwood and you want to enjoy something to eat – well you can! You can grab breakfast or lunch at Bolger's Café. This is located in another section of the resort with an excellent view of the indoor pool. Breakfast is served from 7 a.m. – 11 a.m. followed by lunch. Wayne and his two partners, Pat Huddart and Janice Sorensen also have plans to open a sports bar within the complex at a future date.

In all, your visit to Bolger's, be it the Café or the Fine Dining Room or the sports bar (soon we hope), will make you understand why so many are already flocking to this eatery. News of the opening on June 17th spread fast and business has been a steady stream since they opened. Come see for yourself and enjoy!

Reservations are recommended and can be made by calling Martinwood Resort at 448-1920 or toll free at 1-877-552-0970

Pat Huddart serves a delicious Prime Roast Beef dinner to guests of Bolger's Fine Dining. The Dining room offers a relaxed dining experience with lots of windows for gazing out upon the resort grounds.

Swing To The Big Band Sounds At Lion's Club Dance

Get ready to swing to the big band sounds of the Greater Toronto Area Swing Band featuring vocalist Tina Hartt at the Haliburton and District Lions Club Big Band Dance Saturday June 29.

The tickets are a bargain at $12.50 for a singe ticket and $20 per couple. The event is being held at the West Guilford Community Centre from 8 p.m. to 11:30p.m.

Ticket proceeds go to the Haliburton Highlands Health Services Foundation and bar proceeds go to the Guilford Community Centre.

Be sure not to miss this evening filled with the music of a fabulous era. Casual and comfortable dress is encouraged. You can get your tickets at Henwood's Variety in Haliburton or at the West Guilford Shopping Centre. They are also available from any Haliburton Lion's Member.

Hey Teens ... This Dance is for YOU!

Hey all you teens out there between the ages of 13 - 17 ... there is a dance especially for you planned for July 26 at the Stanhope Firefighter's Hall beginning at 8 – 11 p.m.

Tickets are $5 each and will be available at the door. Snacks such as pop, chips, chocolate bars etc. will be on sale as well.

Door prizes and prizes for spot dances are all part of the evenings fun. All are welcome to come out and dance the night away to cool tunes provided by a D.J.

If You Like Movies, You'll Love Movie Night

Like movies? If so then you must head out to Club 35 every Thursday evening for Movie Night.

The fun begins at 7 p.m. Friends and family alike are sure to have a blast at movie night. Admission is free although donations are always accepted – these donations are put towards recreation equipment or donations of food items for the food bank are also welcome.

All movies are suitable for family viewing, generally rated PG. July 4 is Harry Potter night complete with special Harry inspired treats. There's a prize for the best Harry look alike as well.

Other movies are announced the Tuesday prior to movie night. You can receive information by calling 766-9968 or e-mail: drc@vianet.on.ca

Popcorn, pop and treats are available for those wanting to snack during movie time.

Club 35 is a recreation centre located right on Hwy 35 at Halls Lake, between Carnarvon and Dorset.

Music By The Gull

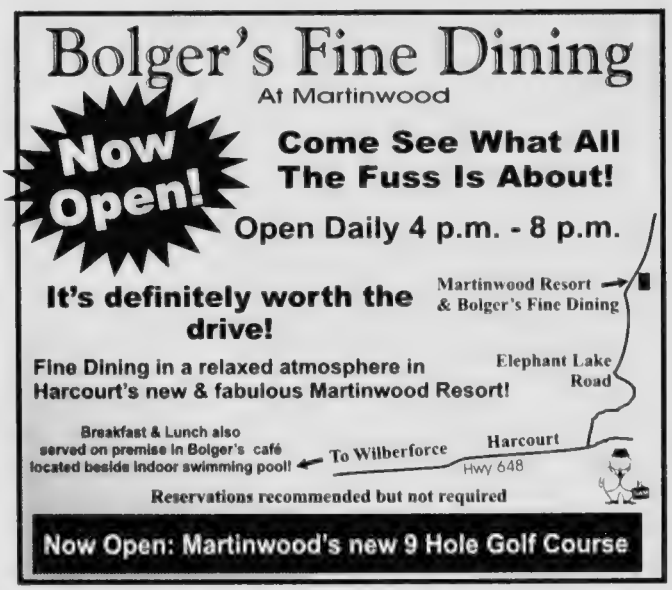
Be sure to head to South Water Street in front of the Minden Post Office every Friday evening for the Minden Lions Club presentation of Music by the Gull.

This is a free musical concert and each Friday a different performer is featured. Be sure to bring a lawn chair and enjoy a musical evening in the great outdoors.

Strawberry Supper

Everyone is welcome to enjoy a delicious Strawberry Supper at the Haliburton United Church on July 29.

The supper starts at 5 and goes to 7 p.m. The cost is $8 for adults and $4 for children. Preschoolers are free.



Lots of Lobster At Lobsterfest!

If you like lobster then be sure to attend this year's Dorset Lions Lobsterfest Dinner Saturday July 27 beginning at 6 p.m.

Tickets are $25 per person and there is a cash bar available. There will also be roast beef served for those with seafood allergies.

For tickets or further information call Esther at 766-2830. The event is being held at the Dorset Recreation Centre.

Italian Anyone?

So you like spaghetti? Well if you do then be sure to attend this year's Dorset Lions Spaghetti Dinner scheduled for July 18 beginning at 6 p.m.

Tickets are $7.50 for adults and $5 for children 6 – 12. Children 6 and under are free. There is also a special family rate of $20 for a family of 4.

Everyone is welcome to attend this event held at the Dorset Community Centre. For tickets or more information call Esther at 766-2830.

If you Like Live Music Check Out This Rockin Line Up ...

If you like live entertainment then Wilberforce is the place to be during the month of July.

From hard rock to country and a little in between, there is a variety of entertainment lined up at the All Star Café.

July 6 everyone is welcome to enjoy the live blues and rock and roll sounds of 'Rabid Dogs'. The fun begins at 9 p.m.

Live Classic rock and roll is the feature July 13 with guests 'Bootleg' who hit the stage at 9 p.m.

July 19 you can be the star along with the many who attend the All Star's popular Karaoke night beginning at 9 p.m.

You can make a whole day of it on July 20 at the All Star with the return of outdoor volleyball, horseshoes and two live bands – the popular county sounds of Donnie Anderson and Thunder Run, and the rock and roll sounds of Undecided featuring Jodi Anderson. This event gets underway around noon and takes place all day.

If you like your rock and roll loud and rockin', then be sure to come the night of July 27 to see 'Sky High' – a popular band that has performed in Haliburton to a packed house on numerous occasions.

In addition to this fantastic lineup of entertainment, every Wednesday evening features wing night and open jam session. Bring your favourite musical instrument and jam with the house band.

Be sure to head out to Wilberforce and help make it a summer to remember.

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A delicious dinner, a complimentary bottle of Ontario wine, as well as the opportunity to win or purchase many items is what awaits anyone who attends this year's O.F.A.H. Haliburton Lake Trout Conservations Dinner & Auction taking place July 5.

This 3rd annual event is held by the Ontario Federation of Anglers & Hunters in partnership with the Haliburton Highland Outdoor Association in order to raise funds for the very worthy Haliburton Lake Trout Project.

The event is being held at the Delta PinesStone Resort in Haliburton, beginning with a social hour at 6 p.m., followed by dinner at 7 p.m. The cost to attend is $60 per person, which includes dinner, raffles, door prizes and the popular live and silent auctions featuring many items unique only to an O.F.A.H. Conservation Dinner.

The successes of the dinner programs are made possible through the generous donations made by people and businesses in the host communities. If anyone would like to help you can by donating an item related to your business to support the live or silent auction, or you can donate a service; cash donations are always appreciated to help offset the cost of the event; and / or you can attend by purchasing a ticket and enjoy an excellent meal and night out with your friends or colleagues.

For tickets, information or to donate, please call: Jack Sinclair at 457-9320, Larry Hewitt at 457-1386, David Flowers at 754-9456 or Eric Thompson at 457-3657.

Gal's & Pal's Fishing Tournament July 20th - Don't Miss It!

If you like fishing, and especially if you're a gal who likes fishing then be sure to sign up and be part of this year's popular Gal's and Pal's fishing tournament.

This is the 5th year for this live release event that takes place July 20 starting from the town docks in Haliburton. Participants can register ahead of time or at the docks. The event gets underway as early as 6 a.m. for registration, boats head out onto the lake at 8 a.m.

The cost to participate is $60 per team. The top 5 teams receive cash prizes. "Every lady gets a prize as well," adds Gary.

Including women in the tournament was something organizer Gary Ballard felt would make the tournament different and enjoyable for both sexes. "Everyone has an impression that fish tournaments are for men only – at least many men do. Well," he says, "this is not so. We just want people to come and have some fun."

Gary says they are not looking for "pro fishermen, just people who want to have fun and try their hand at winning some prizes.

If you would like to register ahead of time you can do so by calling Gary at (905) 897-2001 or email: m2001@rogers.com or you can show up at the docks to register the day of the event. Remember that one of your team members must be a woman.

Believe It Or Not!

In Honour of Canada

Canada has more lakes than the rest of the world combined.

Canada has one-third of all the fresh water in the world.

Canada is an Indian word meaning big village.

Each month, there is at least one report of UFOs from each province of Canada.

Winston Churchill was born in a ladies' room during a dance.

Hudson Bay is the largest bay in the world bordering only one country, Canada.

The longest street in the world is Yonge Street, which starts in Toronto, on the north shore of Lake Ontario, and winds its way north then west to end at the Ontario-Manitoba-Minnesota border.

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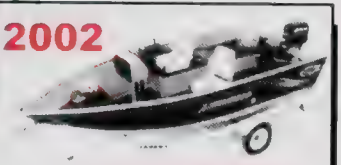
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New West Guilford Liquor Store Outlet Open 7 Days A Week

Bill Burden is pictured behind the new LCBO counter, the newest edition to his store at the West Guilford Shopping Centre. The LCBO outlet will be open every day for the purchase of Wine, Beer and Spirits. The LCBO outlet was officially opened at the store on the Victoria Day Weekend. The Hours are as follows: Mon - Thurs 8 a.m. - 8 p.m.; Fridays - 8 a.m. - 10 p.m.; Saturdays - 8 a.m. - 8 p.m. Sundays - 11 a.m. - 6 p.m.

All Welcome To Come Play Ball!

If you like to play baseball then you must head to the Stanhope Fire Hall any Sunday beginning at 10 a.m. for some friendly pick-up baseball. Bats, ball and bases are provided – all you need is your own baseball glove and your playing! Everyone is welcome to join in. It's all for FUN!

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There's Lot's Of Great Items at Minden's Farmer's Market!

Lenore Prentice checks for bargains at the Minden Farmer's Market. Hiding behind the stand is Ann Marie Anderson who is one of the many vendors there every Saturday morning till noon in Minden. Ann Marie's daughter Rachel is pictured in hat. Ann Marie owns a home bakery called Home Made Love.

New Golf Course Now Open!

The pins are in at Martinwood. Pictured is Kevin Fowler on the 4th.

All you golfers looking for a challenging course, you need not go any further than Martinwood's new and unique 9 hole golf course.

Martinwood is located near Harcourt on Elephant Lake Road, just south of the south entrance to South Algonquin Park.

If you like to golf, then it's worth the drive to see this unique course that offers up some challenging holes. The course is quite large and scenic. Unless you really like a good hike, a golf cart is highly recommended with the abundance of rolling hills, and rugged terrain. The course is cut from what was once solid bush and each hole has it's own special challenge as it winds through the bush and over and around some hills.

The course is very new and while there are still some rough fairway conditions as can be expected with a brand new course, Martinwood has the making of a championship site.

Actually, it is only half of what will be an 18-hole course by this time next year. The remaining 9 holes are currently under construction and will be seeded by fall so that it will be ready by next year.

The cost to golf this new course is: $15 for 9 holes and $28 for 18 holes Monday to Friday, and on Saturday and Sunday , $18 for 9 holes and $30 for 18. There is also twilight golf available for $15 (9 & 18 holes) any day after 5 p.m. The cost to rent carts is $20 for 9 holes and $30 for 18 holes.

The golf course is the newest edition to the newly established Martinwood Resort, once home of the Martin Lumber head office. The golf course, resort and the addition of Bolger's Fine Dining located at the resort are all worth checking out and definitely worth the drive.

The resort features reasonably priced large rooms, many with Jacuzzi's, as well as an indoor swimming pool and hot tub, and much more!

If you would like to book a tee-off time, or require more information, contact Martinwood Resort at 448-1920 or toll free at 1-877-552-0970.

The view from the 9th tee-off

Win A "Fun Pack"

How would you like to win not one but 3 great prizes. . We have written 3 feature stories and all 3 business owners are giving away a great prize. All you have to do is read their stories and answer the questions below. Send, email (highlandscommunicator@hotmail.com) or fax (448-1995) in your entries. The 1st one drawn with the correct answers wins:

Dinner for Two at Bolgers Fine Dining at Martinwood
and
A FREE critter from Sennit Puppets & Bags
and
A FREE pass for two to Bunker's Miniature Village and Pioneer Village.

Bolger's Fine Dining - page 33

1: What can two dine for during some "special nights"?
2: Where can you grab Breakfast or Lunch?

Senitt Puppets - page 18

1: When is there annual extravaganza sales event?
2: When did the company moved to the Highlands?

Bunker's Hill story - pg. 3 & 12

1: How many buildings are there at the village?
2: When were the miniature villages established?

Draw on July 15.

Mail entries with your name and phone number to The Communicator, Box 332 Wilberforce, Ont. K0L 3C0

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Frost Centre Happenings!

The Frost Centre is conveniently located 12 km South of Dorset, Ontario. This renowned facility is surrounded by 24, 000 hectares of skyscraping forest and natural playground, and its pristine setting provides year round natural resource education opportunities for students, educators, special interest groups, MNR employees, and the general public. The following is a list of activities that you can join in at the Frost Centre in July!

Art of Lapidary - Tuesdays & Fridays,
July and August from 9:00 a.m. to 12:00 noon

Create your own rock art or jewellery in the Frost Centre lapidary room. In the process of cutting and polishing your creation you will gain insights into the world of rocks and minerals. All materials provided. Adults- $12.00 per person, youth under 18 - $10.00 per person. Limit - 15.

Look See Paint Thursdays
July 11, August 22

For budding artists and nature lovers 6 to 96. Elegant in its simplicity this program stimulates the artist in you to connect with the natural world. Enjoy this fun no fail experience. All materials provided. Adults- $12.00 per person, youth under 18 - $10.00 per person.

Heritage Tour
Thursday, July 4th 10:00 a.m. &
Wednesday, July 31st 7 p.m.

This guided tour will showcase the Frost Centre's rich history of natural resources management, education and training. Follow the Frost Centre's history from being first settled in 1921 as a Chief Ranger Station to its modern day existance as a training and outdoor education centre. Adults - $6.00 per person, youth 18 and under - $4.00 per person.

Summer Birding
Thursday, July 4th from 7:00 to 9:00 a.m.

Join expert birder Ron Pittaway for an early morning outing to learn bird identification by sight and song. You'll hear or see about 20 species of songbirds such as warblers, vireos, thrushes, grosbeaks, sparrows and finches. Bring insect repellent. Adults - $6.00 per person, youth 18 and under - $4.00 per person.

Pond Guardians
Thursday, July 11th - from 1:30 to 3:30 p.m.

Wetlands are fascinating places. Learn how you can help conserve wetland habitat by registering a local wetland. By registering your adopted wetland you will be part of a national network of people striving to conserve these habitats. Learn about frogs, turtles and about different types of wetland habitats including ephemeral wetlands. Find out how you can get involved in Frogwatch-Ontario and/or Pond Guardians. Adults - $6.00 per person, youth 18 and under - $4.00 per person.

More Frost Centre Happenings!

Stewardship Series - Birds in Your Woodlot
July 12, 2002

Join us at the Frost Centre for this informative day long workshop about birds in your woodlot. To register contact the Frost Centre at 705-766-2451.

Discover Introductory Wilderness Photography
July 15 & 17, 2002

Enjoy a two-day photography course with award-winning photographer Jenny Kirkpatrick. Maximum 15 students. Two days of instruction, two nights' accommodation, meals included. Cost: $500.00 plus GST. Pre-registration required. For more information contact the Algonquin Academy of Wilderness and Wildlife Art, Box 5176, Huntsville, Ontario P1H 2K6. 1-705-789-1751, ext. 2252 or 1-888-696-4255, ext. 2252. E-mail: art@algonquinacademy.org. Website: www.algonquinacademy.org.

Advanced Wilderness Photography
July 17 - 20, 2002

Join us for a photography course with acclaimed wilderness photographer/instructor Rob Stimpson,. Maximum 15 students. Three days of instruction, two nights' accommodation, meals included. Course focuses on intermediate to advanced techniques for wilderness photography. Cost: $700.00 plus GST. Pre-registration required. For more information contact the Algonquin Academy of Wilderness and Wildlife Art, Box 5176, Huntsville, Ontario P1H 2K6. 1-705-789-1751, ext. 2252 or 1-888-696-4255, ext. 2252.
E-mail: art@algonquinacademy.org. Website: www.algonquinacademy.org.

The "Bear" Facts
Thursday, July 18th from 1:30 to3:30 p.m.

If you have an interest in Black Bears this is the presentation for you. Biologist and Black Bear specialist Martyn Obbard provides a wealth of experience and knowledge to uncover the bare facts about this familiar inhabitant of our forest regions. Learn what it is bears do to survive and how humans can have a peaceful coexistence with this fascinating animal. Adults - $6.00 per person, youth 18 and under - $4.00 per person.

Canoeing - Back to Basics
Thursday, July 25th - from 1:30 to 4:00 p.m.

Instructor Kelly Anger will introduce you to basic techniques you and your family members need to enjoy canoeing. Learn how to choose and care for equipment. Safe canoeing procedures will be discussed and practiced. All ages welcome. Children ages 12 and under must be accompanied by an adult. Adults- $12.00 per person; youth under 18 - $10.00 per person. Limit of 24

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True & Funny!
A newspaper, 'The West Hawaii Today' in December reported the death of a citizen, Hy Hoe Silva, 41, of Waimea.
(if you didn't get that a first glance, read the name over and over again until you do!)

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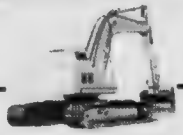

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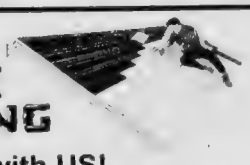

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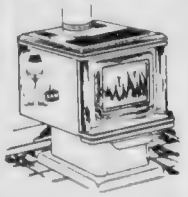

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If you are thinking foundation – then be sure to give Darko a call. While he can and does build homes from bottom to top, Darko specializes in Insulated Concrete Forms. This system of constructing foundations is becoming more popular and according to Darko, the results are the reason why. "You get better sound proofing, better air quality and it cuts heating costs compared to block foundations."

These forms, while more expensive initially than concrete blocks, save money in the long run. You don't have to insulate when you are ready to finish your basement because this step is already done. "You just put your siding or drywall right on it," says Darko. The same applies to the outside.

Darko's customers are noticing the difference expecially in their heating bills, and as well it helps eliminate that damp feeling that accompanies many brick basements. "It's nice and dry. It's an amazing product," he exclaims.

Darko also offers general contracting services and currently has a crew of four other guys to assist him. Building is a trade he learned in his home country 'Croatia' (formally Yugoslavia), located across the Adriatic Sea from Italy, bordered by Austria and Hungary. He and his wife Mirjana came to Canada 12 years ago and promptly moved to Kennisis Lake. What brought Darko and his family here was the poor economy back home. While visiting relatives here in Canada Darko said he saw how much simpler life and work is here in Canada compared to where he hails from. It wasn't long after he arrived that he received his papers and started his new life in Canada. He went to work for other contractors for a while until he saved enough to buy proper tools and equipment to start his own business.

One large difference he noticed about the building trade here in Canada compared to his homeland is the vast choice we have here when it comes to what we can build our homes out of. "The building materials used here – there is just so many more options," he says. Apparently clay blocks or bricks were the most common used in Croatia due to the extremely high cost of wood. Darko says with the wide variety of building materials here, it makes work more interesting.

Darko and Mirjana are both dedicated and active members of the West Guilford Baptist Church. "It's a great church," says Darko. "I invite everyone to come to our Church. There is good music, good gospel and good people. Anyone who wants to participate is welcome – the doors are always open."

Music is a love of Darko's and he can be heard playing his guitar at his church.

If you are looking for friendly, honest service, then give Darko a call – you may just make a new friend as well as receive great service. Darko says, "Many of my customers become my friends. Money is one thing but friendship is another."

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Promote Your Business at the Haliburton County Fair!

Want great exposure for your business? Why not take out a booth at the upcoming Haliburton County Fair.

Both outside and inside concession booths are available for the event that takes place August 16 – 18 at the Minden Fair Grounds.

The cost to have a booth varies depending on your needs. Inside booths are $55. Outside with electricity $65, without electricity $40, and food vendor booths are $100. All non-profit organizations are supplied booths for free. If you are a first time vendor you can save 25% as an introduction special.

If you are interested in obtaining booth space you can contact Paul Walker at 286-6492 or Mary Minto at 286-2270 for further information.

New Real Estate Office Opens In Minden

On May 17, Anthony vanLieshout opened the new Royal LePage vanLieshout Realty office on the corner of Newcastle Street and Highway 35 in Minden. There are six agents and two support staff operating out of this new location. Hours of operation are Monday to Thursday 9:00 a.m. to 5:00 p.m., Friday 9:00 a.m. to 8:00 p.m., Saturday 9:00 a.m. to 7:00 p.m., and Sunday 9:00 a.m. to 5:00 p.m.. To contact their office call 286-1234 or check their web site at www.royallepage.ca, for further information. The back of this new building houses the new Viceroy Homes Satellite office.

New Viceroy Satellite Office In Minden

On May 17, Viceroy Homes, distributed by Algonquin Projects Limited, opened a new satellite office in Minden. This is the second location for Viceroy, it also has an office in Dorset just North of Robinsons General Store on Highway 35. Karen Gustafson is the sales representative at this new location.

Their office is open Monday to Saturday from 10:00 a.m. to 5:00 p.m. and Sunday by appointment only. To contact the office call 286-6730 or check out their web site for sales information, model homes and helpful information. www.algonquinprojects.com,

Urban Legends

Stories that people tell. Are they true? Many believe so, many don't. Some are ... some - who knows! Some you might have even heard yourself or even told. They are Urban Legends - and they will always be told!

Two girls in college shared a dorm. The girls had an agreement that if one of them brought a guy home with them, they were to put a rubber band on the door knob.

One night one of the girls came home late and tired. She saw the rubber band but was too tired to go anywhere else or to wait, so she decided to enter the room quietly, keep the lights off, and just slide into bed.

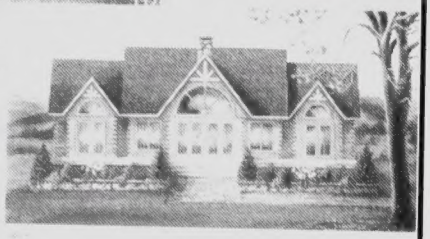
She heard rustling and moaning from her friends bed but thought nothing of it and went to sleep.

In the morning she woke up and sat up in her bed and looked over to see her roommate covered in blood and sprawled on her bed. There was blood all over the wall & floor. She screamed and ran to get help. As she approached the door she stopped in her tracks – on the door painted in blood read "aren't you glad you didn't turn on the lights?"

CONFEDERATION LOG HOMES OF HALIBURTON

LET US BUILD YOUR DREAM HOME OR COTTAGE!

MANY MODELS TO CHOOSE FROM ALL UNIQUE!

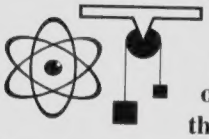


CLASSICS OF LOG HOMES

CONFEDERATION 18 67 LOG HOMES

754-4342
STEPHEN SOININEN

Why? Because ... Scientifically Speaking



Do you ever wonder how or why things do or are the way they are? Well hopefully this new little column can answer some of those puzzling questions. Hope you enjoy it!

Why do eyes sometimes look red in photos?

If you have a photograph of someone and their eyes appear to have red spots in them, what you've done is aimed your flash direcly into their eyes. When the light flashes, you capture on film a very neat photo of the inside of everyone's eyeball. They are red because they contain lots of blood vessels.

To avoid that in future; ask your subject to look slightly away from the flash, or it possible, don't point the flash directly at their eyes.

Do blind people dream?

Yes blind people who could once see can still see in their dreams. Those who have been blind from birth still dream but with no pictures. Their dreams are full of smell, taste, touch and sound sensations.

If you have a question of how or why something is the way it is, write or email it and we will try to answer it for you.

Haliburton Lumber Tim-br Mart can create dock systems of any shape or size, and stock a wide selection of dock hardware and dock accessories

Haliburton Lumber uses Styrofoam brand buoyancy billets. Styrofoam brand buoyancy billets are one of the best materials to use for floating structures because they will not water log or corrode.

Come to Haliburton Timbr-Mart for all of your dock system needs!

457-2510
1-877-425-5862
Hwy. 121, Haliburton

HALIBURTON TIM-BR Mart

Spot Sam The Advertising Man for your Chance to Win $50 CASH!

How would you like to win $50 cash? Well it's easy with the Communicator!

Just read all the ads and keep an eye out for Sam – The advertising man. We will be hiding a few Sam's in various ads throughout the publication, so look for more than one. Once you think you have found all the Sam's you can, write down how many you spotted, in what ads, your name, address and telephone number, and get them to the Highlands Communicator.

Entries will be put into a draw The first correct answer pulled from entries received wins $50! It's that easy and it's fun too! Start scouting for Sam the Advertising Man right away. And good luck to all!

Send your entries to with name & phone number to: The Highlands Communicator, Box 332 Wilberforce, Ont., K0L 3C0, or you can drop them off at our drop off centre at H&R Block / Central Office Supplies in Haliburton, email: highlandscommunicator@hotmail.com, fax: (705) 448-1995.

There were 14 Sam's hidden in last month's issue. They were hidden in the following ads:

The Tartan Barter Shop, Minden Subaru Kushog Marine, Highlands Garden Produce Fruit Market, Emmerson Lumber, Sid Stamp Fuels Newbatt's Appliance & Furniture, Tiny Treasures Rainbow Therapies, Highland Plumbing Kushog Lake Home Improvements Roberts Marine, Brysons Marine, The Pizza Den

The winner of last month's Spot Sam contest was Joyce and Bradley Emmerson of Haliburton.

Who Dun-it Answer

Fred alone knocked over the mustard. Because Tony is telling the truth only one boy did it. Henry is lying so Tony and Fred are not both telling the truth. So therefore Fred must be lying, therefore Fred single handely knocked over the mustard.

CLASSIFIED ADVERTISING

HELP WANTED

Tired of working 9 to 5?
Call to find out about Avon's business opportunity.
Call Deborah Guy at 488-1514 or 447-9988.

FOR SALE

1989 Dodge Ram, full size window van.
Just under 94,000 km.
Excellent condition.
Call 448-3302

Four 185/70R13 Toyo Observe G-02 (Winter "ice" tires). Like NEW! (seen only one week of driving, motor went on car) $70 each obo. Also have 4 all season tires same size on rims for best offer.
Call John at (705) 448-9060

Brain Teaser Answers:

... from pg. 23

Missing Dwarf: Bashful
ANSWER: Saturday
Last palindromic year ...1991

FOR LAUGHS

FUNNY ADS

Real Ads that have appeared in other publications

Auto Repair Service: Try us once — you'll never go anywhere else again

SPECIAL SALE

Sale!

Come see what we have sewn.

Hand stitched IBEX nightshirts, quilted articles, vests, wall hangings and more!
Sat. June 29 – 9 a.m. – 4 p.m..
Hwy 118 west, second driveway past Sir Sandford College in Haliburton.

Thank You & Notice

This has sure been a spring at Teddy Time! On behalf of Carol, the teddy's of Teddy Time would like to thank all of you for your understanding and thoughtfulness during Carol's recent illness of several months. But, most we would like to thank you for the love and prayers during Carol's mother's recent heart attack and allowing the time needed to attend to family.

We are delighted to report that Carol is recovering and Carol's mom is holding her own. Carol's Mom and Dad will be moving in July to a more manageable place with medical help readily available in Oshawa.

Teddy Time is opening once again, however, the hours will be changing. Please Note: Teddy Time will be closed Mondays. Tuesday to Saturday we shall be open from 10:30 a.m. – 6:30 p.m. and on Sunday 11 a.m. – 4 p.m.

Thank you from all our hearts and big teddy bear hugs from all the Teddy's and Friends at Teddy Time.

Once again we Thank all our advertisers who make this paper possible. We appreciate you more than words can say!
Plesae support them!

what's up

Your monthly guide to community events in the area.

Call us with your Event for FREE Promotion!
448-1847. Dealine 3rd Wed. of the month.

PET HEADQUARTERS
Farm Feeds, Pet Food,
Bird Seed, Pet & Farm Access
457-3993
York St., Haliburton

June 29
Dance at the Carnarvon Bowl Dance Hall featuring live local country band 'Kidd Kountry'.

July 4
Square Dancing at the Stanhope Community Centre from 7:30 p.m. – 9:30 p.m. Cost is $10 per couple or $5 for a single. For info contact Edna or Bill Wark at 754-1839.

July 5 – 7
12th Annual Highlands Artisan & Antique Festival. See pg 18 for details.

July 5 –7
FREE FISHING. The province of Ontario, in partnership with local organizations declares this a licence free weekend!

July 6
Minden Legion Annual Yard Sale and Ladies Auxiliary Penny – Book Sale . Sale gets underway at 8 a.m. Breakfast is served from 8 – 11 a.m. Lunch will also be made available. There will be a BBQ dinner starting at 5 p.m.

July 12
Dance featuring local favourites, "Ya Babys" at the Harcourt Community Centre. Starts at 9 p.m. Age of majority event. Admission $8.00 per adult.

July 13
Haliburton Highland Games. See page 5 for full details of events.

July 13
Stanhope Firefighters Flea Market located behind the fire hall on North Shore Road. This fundraiser for the firefighters association begins at 9 a.m.

July 13
Gelert Community Centre Yard and Bake Sale at the Community Centre located in the old school house on County Road 1. Sales starts at 8 a.m. – 2 p.m.

July 14
Wakeboard Competition being held in Haliburton. For information contact Glen Sharpley Sports at 457-3933.

July 14
Rotary Mega Bingo at the Minden Community Centre. Doors open at 6 p.m., games start at 7. $1,500 jackpots up for grabs.

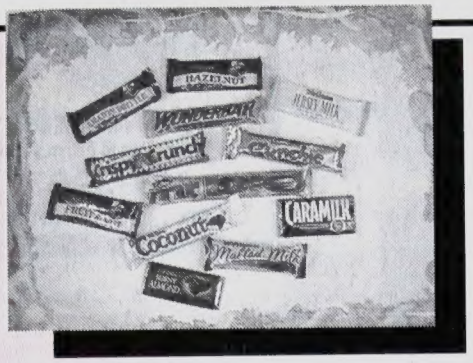
July 15 & 25
Youngsters Picnic in Rotary Park in Haliburton with CHACE – 11 a.m. – 1 p.m. Bring your lunch, hat and sunscreen. Contact Karin or Wendy at 457-2989.

July 17 – 21
North American Open Canoe Championships. Race and recreational classes. There will be a BBQ dinner on Saturday night and lunch & drinks will be available at the river during race days. Contact Mike Yee at the Minden Wild Water Preserve at Gull River (905) 649-1999 for details.

July 20
Gals' & Pal's fishing tournament. 6 – 8 a.m. Registration at town docks in Haliburton.

July 20
Haliburton Highlands Home and Garden Tour. Check out some of the areas most interesting gardens. Organized by the Minden Lioness Club – this event is in support of the Health Foundation.

MOOSE BAR & GRILL
"GOOD FOOD! GREAT TIMES!"
THE PARTY'S ON DON'T MISS IT!
Tuesdays!
Resort & Camp Night
featuring DJ Paul Wilson
Spectacular Live Entertainment
All Summer Long!
Wednesdays!
Jamie Williams All Time Fav!
Very Talented - high energy music!
New!
LAKESIDE PATIO AND GAMES ROOM
Fridays!
Yuk Yuk's Comedy
Hysterical laughter!
Thursdays!
"The Vegas Variety Show"
Karaoke at its best!
New Menu!
Saturdays!
DJ Dance Party -
featuring DJ Paul Wilson
Billiards. Darts. Big Screen T.V.
Eat in or Take-out
Water Access - Docking Available
OPEN DAILY at 12:00 p.m.
AT THE WIGAMOG INN NORTH KASHAGAWIGAMOG RD. - HALIBURTON 705-457-2000 - WWW.WIGAMOGINN.COM



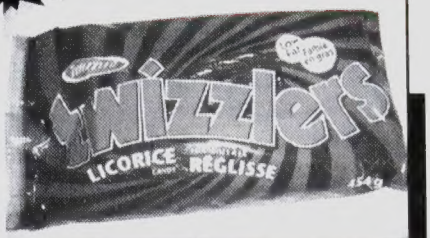
CHOCOLATE BARS

2 FOR $1

SAVE

Everyday!

Lowest Price
in the Highlands!



FOLGERS COFFEE

975 gr. Mountain Roast
1 kg. Classic Roast

Everyday!

6.97

REG 8.49

TWIZZLERS

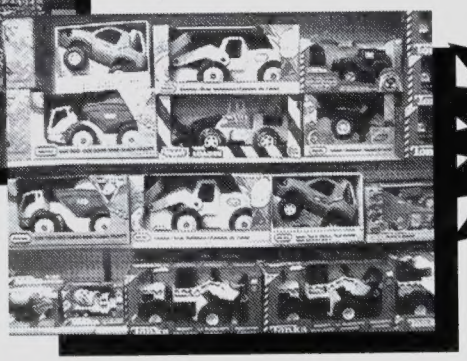
Strawberry or Black Licorice
1 lb bag 454 gr.

1.49

Everyday!

LARGEST

FIREWORKS SELECTION IN HALIBURTON COUNTY



CHECK OUT OUR LARGE CLOTHING & TOY SELECTION

V&S Department Store

vandshal@sympatico.ca

GREAT SAVINGS EVERYDAY!

Open 7 Days a Week!

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